What's on

Your guide to activities, clubs and events in the borough

See centre pages

Waltham Forest

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Issue 140

22 June 2015

Get fit at your leisure

Vastly increased visitor numbers at leisure centres show how popular the new-look facilities are

A recent review of Waltham Forest's leisure centres has shown a huge increase in the numbers of people using the facilities since a major refurbishment project began.

In April 2012, 71,193 visits were made to the borough's leisure centres. This increased to 128,664 visits made in April 2015 – an increase of more than 57,000.

The Council and leisure services provider, Better, have transformed local leisure centres as part of a £25million investment programme.

Centres across the borough have benefited from improvements including state-of-the-art gym equipment and refurbished pools, sports halls, changing rooms and reception areas.

Waltham Forest Leisure Centre is being rebuilt on the site of Waltham Forest Pool and Track. It will offer competition and teaching pools, a new gym and sports hall, dance studios and a spa and sauna. It will also have one metre and three metre diving boards, an extreme sports area and climbing wall.

There has also been a significant increase in the number of pre-paid memberships since investment began.

Chingford Leisure Centre saw a 12 per cent increase in members between April 2012 and April 2015, Leytonstone Leisure Centre a 34 per cent increase and Walthamstow Leisure Centre a 19 per cent increase. Leyton Leisure Centre has seen an astonishing 111 per cent rise in memberships.

Cllr Ahsan Khan, Cabinet Member for Health and Wellbeing, said: "We expect Waltham Forest Leisure Centre to see an extra 175,000 visitors per year based on increased numbers at other leisure centres.

"We want residents to enjoy the very best of our facilities and get the most out of living life in Waltham Forest. So whether you're starting out, or are a regular gym goer, there's something for everyone."

More info

For more information, visit **www.walthamforest.gov.uk/betterleisure**.

Dance heaven in Leytonstone

See page **Page 9**

Leytonstone's X7eaven Academy offers quality performing arts workshops and classes for residents of all ages

GET TOGETHER TO ENJOY ANOTHER BRILLIANT YEAR IN WALTHAM FOREST

FREE EVENT

Leyton Cricket Ground, Crawley Road, Leyton E10 6RJ

Saturday 4 July, 1pm–6pm
Family fun day, including a large fun fair, William Morris Gallery craft workshop, Mini–Holland activities, sporting activities, crazy golf, climbing wall, pedal karts, trampolines, bouncy castle and much more

Sunday 5 July, 1pm–7pm
Waltham Forest Caribbean Carnival, Top Bands **Aswad** and **The Real Thing** plus Island Waves DJ, Scrappy, Camara, Amy Young and Cerebro Dance Troupe plus many activities throughout the day

facebook.com/walthamforestcouncil

Follow us on Twitter @LBWFEvents

Waltham Forest

Queen's Birthday Honours

Two residents have received awards in the Queen's Birthday Honours list

- **Residents scoop awards in Queen's Birthday Honours list**
- **One has been awarded an MBE, while another receives a BEM**

Two extraordinary residents have scooped awards in the Queen's Birthday Honours list.

Debbie Bliss becomes a Member of the Order of the British Empire (MBE) for services to hand knitting and the craft industry. She is widely regarded as one of the most important names in knitting in the UK, and has been instrumental in the resurgence of British crafts.

With more than 55 books and pattern booklets to her name, Debbie is a true ambassador for British design and expertise. She travels worldwide, promoting and teaching traditional techniques such as Fair Isle knitting.

Debbie told Waltham Forest News: "I am absolutely delighted to have received the MBE, although I must admit I'm a little overwhelmed, as well!"

Debbie has lived in Walthamstow for nearly 40 years, saying: "I have worked from a home studio for many years, but recently opened a new shop and studio in Orford Road. I absolutely adore living here, and I love all the community-minded residents who help give the area a real neighbourhood feel."

Martyn Loukes has been awarded a British Empire Medal (BEM) for services to diversity in the workplace.

Martyn is the Chair of Transport for London's (TfL) lesbian, gay, bisexual, transgender (LGBT) staff network, OUTbound. Since becoming Chair of OUTbound in May 2012, Martyn has cemented TfL's support for the LGBT community and Pride in London which saw the first ever rainbow-zebra crossing installed for the event in 2014.

He was also instrumental in introducing the first rainbow taxi service to London's streets, in support of the International Day against Homophobia and Transphobia (IDAHOT).

Martyn said: "I'm amazed and honoured at receiving this award. When I joined TfL 11 years ago I had no idea that one day I'd be in charge of one of the UK's most high profile LGBT staff networks. It just goes to show what can be achieved through championing diversity at work and beyond."

More info

For more information, visit **www.gov.uk/honours**.

In my opinion

Nisar Bostan

Resident, Walthamstow

For the best part of 19 years, I was oblivious to the one per cent of adults in the UK who stammered. I have since found out that around 70 million people worldwide are affected by the same speech impediment.

Growing up, only a few very close friends knew I had a stammer. People would dismiss my passive behaviour by describing me as "reclusive", "introspective" and "shy". To curb my stammering I used breathing techniques and word substitution or just skipped social occasions altogether so I didn't have to talk.

Like many other people who stammer, I get ample sympathy. I acknowledge and appreciate this, but it would help people affected by stammering if we could substitute sympathy for empathy and challenge commonly-held misconceptions about the condition.

I stammer not because I am nervous. I stammer not because I am unsure about what to say. I stammer not because I am "stupid" or "slow". I stammer because I stammer. It's my greatest strength and sometimes my greatest weakness. My stammer is as natural and spontaneous as my arms and legs are. It's just there. Always.

My 'light bulb moment' came last Christmas. After a woeful university presentation, I met Mandy Taylor, a trustee for the British Stammering Association (BSA). We met at a pub (if my mum asks, I drank orange juice!) and, as usual, I did all I could to hide my stammer. But Mandy openly stammered, stammered and stammered some more. I remember leaving the pub feeling a funny sense of relief; stammering was openly allowed!

I am now an official volunteer for the British Stammering Association, a charity advocating better awareness and treatment for those who have a stammer. I visit schools, colleges and universities to give young people advice and support. There's a lot of stammering that happens in these presentations!

Just before the general election, I visited the House of Commons and met BSA patron Ed Balls, who stammers himself. I also enjoyed a recent shadowing opportunity with a senior partner at Ernst & Young. I am forever indebted to the BSA for presenting me with experiences and opportunities that I would never have imagined possible.

If you are affected by stammering, please do not suffer in silence. Phone The British Stammering Association on **020 8983 1003** or visit **www.stammering.org**. There is also a closed Facebook group, visit **www.facebook.com/groups/stammeringbsa**.

Want to have your say?

If you live or work in Waltham Forest, have something you'd like to get off your chest, and can do it in around 350 words; Waltham Forest News wants to hear from you. Email walthamforestnews@walthamforest.gov.uk and tell us what you'd like to write about.

Contact Waltham Forest Council:

Visit www.walthamforest.gov.uk
E-mail Wfdirect@walthamforest.gov.uk
Call 020 8496 3000

Waltham Forest

Waltham Forest News

Editor: Jenny England

Waltham Forest News wants to hear from people in the local community. If you have a story that you'd like us to cover, email **walthamforestnews @walthamforest.gov.uk** or phone **020 8496 3000**.

Advertising and promotional enquiries:
Sue Hardcastle, **020 8496 3000** (press 6)
advertisingwfn@walthamforest.gov.uk

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ABC

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Get ready for the Big Weekender

The Leyton Big Weekender returns with two days of family fun at Leyton Cricket Ground (Crawley Road, E10 6RJ) on Saturday 4 and Sunday 5 July.

Part of our Get Together programme, this event is aimed at helping residents to enjoy living life in Waltham Forest.

The festival kicks off on Saturday with a family fun day, featuring a wide range of activities for all ages to enjoy. Why not stop by at the William Morris Gallery craft stand and create your own piece of 'stained glass' to hang in your window at home?

On Sunday you can join the celebrations as the Waltham Forest Caribbean Carnival parade leaves Leyton Cricket Ground at 1pm. The theme for this year's Carnival is 'all creatures great and small'. The parade will arrive back at the Cricket Ground at around 2.30pm, where the party will continue with live music and performances from acts including headliners Aswad and The Real Thing, along with Island Waves DJ, Scrappy, Camara, Amy Young and the Cerebro Dance Troupe.

Aswad are one of Britain's best loved reggae bands, releasing 21 albums over a career that spans nearly 40 years. They have toured extensively across the globe, playing to packed venues such as London's Royal Albert Hall to Montego Bay's Reggae Sunsplash, to gigs in West Africa, Israel and Japan. The Real Thing will also be getting the crowd moving with songs from across their 40-year career. Their biggest hit was 'You to Me Are Everything', which reached Number One in the UK chart in 1976.

The Leyton Big Weekender is free to attend and no ticket is required. There will be some 'paid for' activities including a roller disco and funfair rides. The event is open from 1 to 6pm on the Saturday, and 1 to 7pm on Sunday.

More info

For more information visit **www.walthamforest.gov.uk/get-together** or phone **020 8496 3000**. Follow us on twitter **@wfcouncil**.

Success for sports stars

Waltham Forest's female volleyball team are through to the London Youth Games finals

Talented young volleyball players from Waltham Forest have their sights set on glory after making it through to the finals of the Balfour Beatty London Youth Games.

The borough's female volleyball team secured their place during an exciting day's play at the Score Centre in Oliver Road, Leyton, on Saturday 6 June.

The team, who last medalled in 2013 with bronze, produced some fine form throughout the day – particularly in a group game against Hounslow which proved to be a 26-24 thriller.

In their quarter-final they took on Brent and after establishing an early lead they were pegged back before displaying calm heads to run out 25-19 winners.

Team manager, Jan Carne, said: "We hoped that we would get through and we came under pressure a couple of times so I'm really pleased that we managed to get through to the finals."

Jan is now scheduling as much training as possible before the volleyball finals, which take place at the Crystal Palace National Sports Centre on Saturday 4 July.

"Unfortunately some of the players are going to be away for the next couple of weeks, so we're just trying to keep training, keep focused and keep doing the things we've been doing. Consistency is the key," she said.

The London Youth Games is Europe's largest annual youth sports event and is driving the legacy for increased participation in competitive sport and volunteering for young Londoners.

The Council's sports development team organises young people from across the borough to come together to represent Waltham Forest. You can compete for Waltham Forest if you live or go to school in the borough.

The Council is working hard to give residents of all ages opportunities to get active through physical activity.

In addition to the continuation of the popular Our Parks initiative – a free programme of exercise activities in open spaces – work is being carried out in borough parks to enhance the different sporting activities on offer.

Thanks to funding from Sport England and the Lawn Tennis Association (LTA), the existing tennis facilities are being upgraded, with some courts being given low level sports lighting so residents can serve, rally and smash year-round.

And, at Salisbury Hall Playing Fields, close to Chingford Road, the existing all-weather pitch will be replaced by a full-size, third generation (3G) floodlit artificial grass pitch.

More info

For more information about sport in Waltham Forest visit **www.walthamforest.gov.uk/sports-development** or phone **020 8496 3000**.

In brief

Note-able campaign

Momentum is building behind the campaign to have William Morris featured on the next £20 banknote. The Bank of England is encouraging members of the public to nominate who they would like to see on the new banknote, which will celebrate Britain's achievements in the visual arts. William Morris is one of the most influential designers of the Arts and Crafts Movement, and Waltham Forest is proud to be home to the William Morris Gallery, the only publically-funded gallery devoted to Morris' work. You can nominate William Morris online. Nominations close on Sunday 19 July 2015.

• To cast your vote, visit www.bankofengland.co.uk. For more info visit www.wmgallery.org.uk.

Enjoy Life

An action-packed summer awaits residents, with over 200 free festivals, events and activities taking place in our parks, libraries, galleries and museums. The ever-popular Get Together programme features a huge range of activities for all ages including local favourite the Big Weekender festivals. We even have a new event this year, with the UK's biggest BBQ and music festival, Grillstock, coming to London for the first time. Last year more than 120,000 residents came together with friends, family and neighbours to enjoy weekends packed with music, dance and celebration. So make sure you check out the what's on guide, visit an event or two and have fun with friends old and new.

• Download the what's on guide at www.walthamforest.gov.uk/enjoylife. For more information on Get Together visit www.walthamforest.gov.uk/get-together.

Mini-Holland

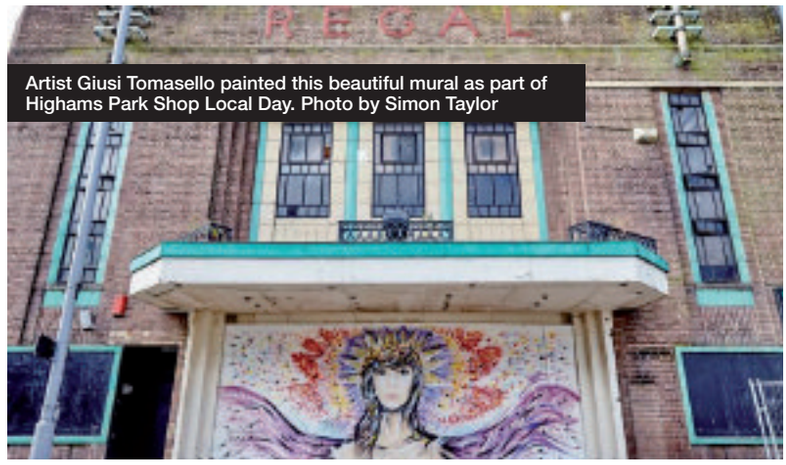
Two new public spaces will be created in Walthamstow Village providing local residents with the perfect place to relax and unwind this summer. Part of the Mini-Holland Programme which is transforming the borough to make Waltham Forest more cycle and pedestrian friendly, the traffic closures put in place on Walthamstow Village East and West Avenue bridges will proceed as planned. And as Walthamstow gets ready to enjoy its new public spaces some of the residents and businesses along Lea Bridge Road will be taking part in the latest Mini-Holland consultation to improve this key route in the borough.

• For more information, visit www.enjoywalthamforest.co.uk and follow us on twitter @wfcouncil.

Investing in our borough

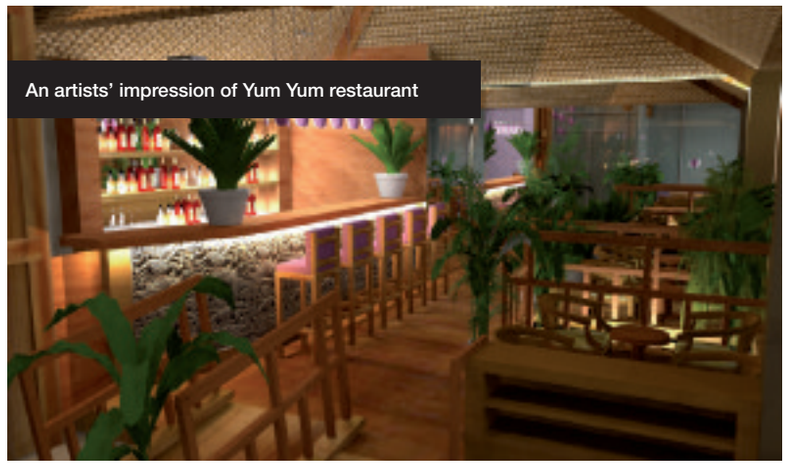
Waltham Forest Council has four key priorities to help improve the lives of everyone living and working in the borough. In this edition we look at what is being done to help build a strong local economy and thriving town centres.

Yum Yum Thai restaurant will be the fifth eatery to open at The Scene



Artist Giusi Tomasello painted this beautiful mural as part of Highams Park Shop Local Day. Photo by Simon Taylor

Highams Park Shop Local Day, organised by the Highams Park Planning Group, was a great success. Photo by Roger Torode



An artists' impression of Yum Yum restaurant

We're proud to be home to a wide range of popular and independent businesses and hard-working entrepreneurs – and the Council wants to help give them every opportunity to be successful.

From multimillion pound shop-front investment programmes to campaigns designed to keep wealth in our borough and support local businesses by encouraging residents to spend locally, the Council continues to support the borough's vibrant town centres.

And while we ensure local businesses and services have access to support measures like town centre investment funds, we also recognise the importance of providing top quality education and training across the borough – to help young people realise their potential and older people learn new skills.

Shop Local

The Council offers funding to 20 ward forums in Waltham Forest; with each one deciding how best to spend the money to benefit the local community.

Earlier this month, The Highams Park Planning Group (HPPG) used some of the annual grant to stage a Highams Park Shop Local Day. The event, which took place on Saturday 6 June, saw hundreds of people come out to support their local independent traders.

Taking place around the shopping parade, visitors enjoyed lots of special offers, food tasting and family-friendly activities as they listened to live music or enjoyed afternoon tea at The Royal Oak.

The Council gave the HPPG Neighbourhood Planning Group status last year to empower local residents in the area. It means they can become more involved in delivering plans and events for their neighbourhood in a quick and cost-effective way.

Welcoming new business

The Scene development in Walthamstow is preparing to welcome the arrival of its fifth restaurant later this year – Yum Yum Thai Restaurant.

The opening of The Scene in November 2014 signified the Council's commitment to help create thriving town centres across the borough, and providing the quality mix of shops and services that residents have told us they want to make living life in Waltham Forest even better.

The development marked the return of a permanent cinema to Walthamstow for the first time in more than a decade, with a state-of-the-art nine screen cinema sitting at the heart of the complex that also includes 121 new homes.

Yum Yum will be the fifth restaurant to open at The Scene, after Nando's, Pizza Express, Turtle Bay and Grillstock, which is responsible for the UK's biggest BBQ and music festival coming to the borough on Saturday 5 and Sunday 6 September.

As well as being a catalyst for wider investment in Waltham Forest, the arrival of these new businesses is creating new job opportunities for local people.

Love your local market

Residents all over the borough recently celebrated their local street stalls as part of Love Your Local Market 2015 – an event which also saw the introduction of a new market to Leytonstone.

With support from the Council, the street market in Church Lane will take place monthly – giving people a chance to support local traders selling handcrafted goods, artwork and homemade food, amongst other stalls.

Leytonstone Market was launched following a successful four day trial in the build up to Christmas last year. And, the Council is currently exploring the possibility of an ongoing Twilight Market running in Walthamstow.

More info

For more information on the Council's priorities, visit **www.walthamforest.gov.uk/priorities**. Follow us on twitter **@wfcouncil**.

What you say

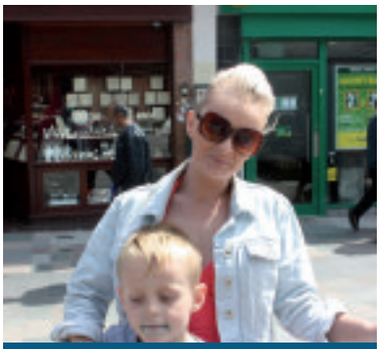
Residents tell Waltham Forest News what they think about the Council's work to help build a strong local economy and thriving town centres

Maisoon Al-Jawad, Walthamstow

"I've been to the cinema at The Scene, and while I think it's a great development, there also needs to be more independent restaurants and shops in our town centres, not just big chains. I like the diversity of the pop up shop scheme, maybe the Council could make more shop units available at reduced rates to encourage new independent businesses to open?"

Eugene Amo-Dadzie, Walthamstow

"I've used the restaurants at The Scene a few times already; I think they're a good addition to the town centre and make people more inclined to come out and spend a night out in the borough. The Mall is looking better these days, but I'd like to see a big music store in Walthamstow, that's definitely something we're missing."



Toni Nightingale and Rory, Walthamstow

"I think The Scene is lovely and I'm really happy it opened. It definitely makes it easier having a cinema right in the borough, going to see a film was a pain before as you'd have to travel so far away. But I think there needs to be more activities for older children and teenagers in the town centre in the evenings."

Chris Rowley, Walthamstow

"I've lived and worked in Walthamstow for many years, and I think this is the best that it has probably looked. There are good little pockets of independent shops all over the borough, and it's nice to see interesting places open up in different areas. Walthamstow Market could do with a refresh. I like the area; I think it's generally friendly and I feel safe, but there's room for improvement."

Local economy

Priority:

We will help build a strong local economy and thriving town centres

Commitment:

- Support our schools and colleges to provide top quality education and training across the borough
- Work to improve our town centres so that they have the quality mix of shops and services that you want
- Actively promote a borough wide 'spend local' campaign to keep wealth in our borough and support local businesses
- Provide an investment fund for local businesses and services in our town centres

Priority: **We will keep your neighbourhood clean and safe**

Priority: **We will support affordable housing for everyone's needs**

Priority: **Help all of our residents enjoy a good quality of life**

www.walthamforest.gov.uk/priorities

Waltham Forest

In brief

Artists wanted

The Lee Valley Regional Park Authority is inviting local artists to apply for a commission to design and paint a mural in a pedestrian tunnel underneath Lea Bridge Road, Leyton. The subway connects the WaterWorks Centre's nature reserve and Lee Valley Riding Centre. The underpass is well-used by residents and visitors, and the aim is to make it a more inviting route for all. A shortlist of artists will be chosen by a panel including community group representatives and members of the Lee Valley Regional Park Authority. To apply, email a covering letter and CV, citing relevant experience, by Friday 3 July.

• **Email your CV and covering letter to procurement@leevalleypark.org.uk.**

Walk for Women

Lloyd Park will be holding a free regular Walk for Women this summer. Set to run every Monday between 10am and 10.45am, the walks will be taken by a female leader, meeting at the park café in the Aveling Centre (Lloyd Park, Forest Road, E17 5JW). The walks offer a women-only activity that will help you meet new people in a friendly and welcoming atmosphere. Why not come along and improve your health and well-being – all abilities welcome. Please make sure you wear sensible clothes and shoes.

• **For more information, visit www.walthamforest.gov.uk/lloyd-park or phone 020 8496 3000.**

Night Bus Consultation

Residents are being encouraged to take part in a Transport for London (TfL) consultation about proposed night bus changes. TfL says that the proposed changes are designed to improve connections to the night tube, which begins in September. The changes are likely to mean that some Waltham Forest services would run 24 hours a day for the first time on Fridays and Saturdays. These include the 34 from High Barnet to Walthamstow Central, the 123 from Wood Green to Ilford, the 145 from Leytonstone to Dagenham and the 158 from Stratford to Chingford Mount. Increased frequencies are also proposed on the N8 from Oxford Circus to Hainault, the N38 from Piccadilly Circus to Walthamstow Central and the N73 from Victoria to Walthamstow Central. The consultation will end on Wednesday 1 July.

• **To take part, visit https://consultations.tfl.gov.uk/buses.**

A day of action saw the Council and its partners working to improve the borough's streets

Days of action

- **Days of action helping to keep neighbourhoods safer and cleaner**
- **Multi-agency approach involving Council, Police and Community Payback**

Waltham Forest's new Neighbourhoods Teams have been carrying out a series of high impact 'days of action' to help make the borough clean, green, safe and loved.

The days of action are taking place in a different part of the borough each month, bringing together a number of different agencies with a focus on improving the local environment for residents.

On Thursday 11 June the Neighbourhoods Team organised a day of action in the South East of the borough, covering Leytonstone and surrounding wards. A number of partners were involved including the Immigration Service and the Police.

During the day officers spoke to a number of businesses and residents about the way they were dealing with waste at their properties. These will be followed up with further action if conditions do not improve. An automatic number plate recognition (ANPR) patrol was also put to use during the day, which resulted in the removal of several vehicles and arrests being made over immigration status issues.

A team of offenders from the Community Payback scheme also took part in the day, helping to clear a large area of land that had not been maintained for a number of years, and had become a hotspot for litter.

"These days of action are really helping to make a difference in our local neighbourhoods, and they are a great example of partnership working between the Council, Police and other agencies," said Cllr Clyde Loakes, Deputy Leader and Cabinet Member for Environment. "We will continue to target areas that require improvement so that everyone can enjoy a safer and cleaner environment."

In May the Neighbourhoods Team organised a day of action in the north of the borough, which resulted in 269 separate enforcement actions being carried out. This included a clean-up of the Aldriche Way estate in Highams Park, with offenders on Community Payback and staff from various agencies pitching in. During the clean-up over five tonnes of waste was collected, graffiti was removed, overgrown vegetation was cleared from an alleyway leading to Rolls Park Sports Ground and a basketball court was cleaned up and painted. This has made the whole area cleaner, safer and more accessible to the local community.

Other activity that took place during the day included testing shops for underage sales, alcohol licensing and food safety checks, and planning enforcement inspections.

The Council's new Neighbourhood Teams are now looking after services including street-cleaning, waste and recycling, street trading, fly-tipping, anti-social behaviour and much more. Four new teams have been created, each with responsibility for a number of wards, and a dedicated officer for each ward. This new approach provides a far more proactive service that identifies issues as they arise and anticipates patterns of concern before they develop.

The teams will also have an increased presence on the borough's streets, with officers working in the heart of communities. By doing this the Council aims to engage with residents in a more meaningful way.

"We are evolving our service so that our residents not only help to keep the borough clean, but become more engaged in what's happening in their neighbourhoods," said Cllr Loakes.

More info

For more information visit **www.walthamforest.gov.uk/mystreet** or phone **020 8496 3000**. Follow us on twitter **@wfcouncil**.

Microchip your pets

- June is National Microchipping Month
- New law requires all dogs to be microchipped by April 2016

The Council is urging dog owners to have their pets microchipped

For many people a pet is part of the family, so it can be a distressing experience if they are lost or stolen. While we all hope that this never happens, having your pet microchipped gives them the best chance of being identified and returned to you if it does.

June is National Microchipping Month and owners are encouraged to have the simple procedure carried out to help protect their pets. Microchipping places a small electronic chip, about the size of a grain of rice, just under the animal's skin. Having the chip implanted is a painless procedure. The chip will contain the contact details of the owner, so they can be reunited with their pet when it is found.

From Wednesday 6 April 2016 it will be compulsory for all dog owners in England to have their pet microchipped. Once your dog is chipped you will need to ensure that your contact details are kept up to date, so bear this in mind if you change address or telephone number.

"If you haven't got your dog microchipped already it's a good idea to get it done now so you're ready for the change in law next year," said Cllr Clyde Loakes, Deputy Leader and Cabinet Member for Environment. "We do everything we can to reunite lost pets with their owners, and microchipping makes the process a lot easier."

The Council's Neighbourhoods Team offers a microchipping service for dogs, which costs £22. The Council is only able to microchip dogs, but it is possible to have other pets chipped including cats, rabbits and horses. Speak to your vet for more information on microchipping other animals.

Recently, a Staffordshire Bull Terrier Cross was found in the Walthamstow area, and as it had been microchipped officers were able to reunite the dog with its owner. The owner was very surprised to receive the call, as the dog had been missing for nearly two years. They were delighted to have their beloved family pet back safe and well after such a long time.

Last year the Council successfully reunited 66 dogs with their owners, and found new homes for 52 dogs, thanks to the help of rehoming charities. Pictures and details of dogs that have been found are now also posted on the Council's Twitter account, which you can see for yourself by following @wfcouncil.

More info

To book an appointment with the Council's dog micro-chipping service phone **020 8496 3000**.

In brief

Mini-Holland has been shortlisted for an award

Cycling Award

Waltham Forest Council's Mini-Holland scheme has been announced as a finalist in the Space for Cycling category at the London Cycling Awards 2015. The scheme is one of three finalists nominated for an award by the London Cycling Campaign for demonstrating innovation, long-term thinking and great design. The winner will be chosen by an expert panel and announced on Monday 29 June. Mini-Holland is three year programme which is transforming the borough by making it more cycle friendly and encouraging more residents to take up cycling and walking.

• Visit www.enjoywalthamforest.co.uk, phone 020 8496 3000 or email miniholland@walthamforest.gov.uk.

WALTHAM FOREST
Get Together

GET TOGETHER TO ENJOY ANOTHER BRILLIANT YEAR IN WALTHAM FOREST

FREE EVENT

Leyton Big Weekender

SATURDAY 4 AND SUNDAY 5 JULY 2015

LEYTON CRICKET GROUND, CRAWLEY ROAD, LEYTON E10 6RJ

Join us for a fantastic two day family festival with top bands, Caribbean Carnival and an array of free fun and entertainment for all

SATURDAY 1PM–6PM

Sporting activities, funfair, crazy golf, climbing wall, pedal karts, trampolines, bouncy castle and much more

SUNDAY 1PM–7PM

Waltham Forest Caribbean Carnival and music event featuring top bands Aswad and The Real Thing plus Island Waves DJ, Scrappy, Camara, Amy Young and Cerebro Dance Troupe plus many activities throughout the day.

Aswad

The Real Thing

www.walthamforest.gov.uk/get-together

facebook.com/walthamforestcouncil

Follow us on Twitter @LBWFEvents

Waltham Forest

Leytonstone

X7eaven offers dance and performing arts classes and workshops for residents of all ages

A little slice of X7eaven

- **X7eaven Academy offers dance lessons and workshops for all**
- **Performing arts help build confidence whatever your age, say founders Sam Francis and Jackson Edwards**

They say you either have rhythm or you don't, and with street dance crews regularly strutting their stuff on TV and celebs showing off their fancy footwork on Strictly Come Dancing, many of us might have been inspired to give dancing a try ourselves.

The not-for-profit X7eaven Performing Arts Academy, based in Leytonstone, say that they can help even the most novice of dancers – great news if your moves are more tripping over two left feet, than tripping the light fantastic! Waltham Forest News caught up with one of the academy's founder to find out more.

Sam Francis has been a keen dancer since childhood, explaining: "At the age of one I would be the one who was still dancing at every party, while everyone else was too tired! At every family event I'd be the one left in the middle of the dance floor. I'd take part in talent competitions on family holidays and I also took ballet, modern and tap dancing classes. There was no stopping me, it just came naturally.

"I was accepted to the Young London Ballet at a young age, won a scholarship for a dance academy based in Covent Garden, and worked as a commercial dancer, singer and actress for many years," said Sam.

So what inspired her to make the jump from performer to dance school founder?

"I've been in the entertainment industry for a long time, and between breaks as a performer I began working with young people," explained Sam. "In 2008 I was teaching at the Sylvia Young Theatre School, and I realised I'd found what I wanted to do. It inspired me to open a performing arts academy in Waltham Forest."

X7eaven began as a weekly class, meeting every Saturday at Waltham Forest College. It proved a smash hit, and soon enough, expansion was on Sam's mind.

"We decided to apply for charitable funding and produced a two-week course that ran during the school holidays. It gave young people the chance to rehearse and make a video for their portfolios, and gave them the experience of working with film professionals."

X7eaven is now based at its own state-of-the-art premises at The Nexus Centre (3 Snowberry Close, Leytonstone, E15 2AH), offering classes for adults and children alike. It boasts a sprung-floor, fully mirrored dance studio which is available to hire for community dance and fitness events. A second studio is being refurbished to the same high standard.

Classes on offer for adults include street dance and singing, with more to come.

Street dance is also a firm favourite among younger members, with Sam saying: "Street dance is the one I entice young people with, and they then often get into ballet and other types of dance!"

Young residents can also take classes in jazz and musical theatre, drama, singing and ballet.

"A lot of our students have gone on to great things – four or five went to the BRIT school, Rambert, Millennium Performing Arts and the Lion King Cub School" said Sam.

"Not all of our students decide to be dancers – what we see more than anything is an improvement in their confidence. Some are doing better at school, while others simply feel better in social situations. I get to see the growth in their personality, and taking ownership of themselves."

Sam added: "I can get anyone to dance. Some people are more natural than others, but if you come to class, we can help you improve and, more importantly, build your confidence. That's something that benefits all, whether you're three or 63."

More info

For more information visit **www.x7dance.com**, phone **020 8211 1000** or email **x7.office.x7@gmail.com**.

In brief

Leytonstone Festival 2015

E11 residents can enjoy a fun-filled July when the Leytonstone Festival returns from Wednesday 1 to Sunday 19 July. The festival is a celebration of community, music, art and culture, and the organisers promise that festivities will be bigger and better than ever before. All events take place at venues throughout E11.There will be the usual abundance of performances and activities, showcasing local talent and offering dance, film, drama, music, poetry and more. With dozen of events on offer there is sure to be something for the whole family to enjoy, and in true community spirit many events are free or cost just a few pounds. The festival kicks off on Wednesday 1 July with a Curry and Quiz Night at the Star of India (875 High Road Leytonstone, E11 1HR) at 7.30pm. The official 'launch party' takes place at St John's Church (Church Lane, E11 1HH) on Saturday 4 July from 11am to 5pm. The Festival ends on Sunday 19 July with the eighth annual What's Cookin' Leytonstone Festival Sunday Picnic in Henry Reynolds Gardens (Bush Road, E11 3AU). This popular event features bands including King Salami and the Cumberland Three and Graham Larkbey & The Escape Committee, plus BBQ, real ale and Caribbean punch. So bring a picnic, blankets and sun cream – or a brolly!

• For more information visit www.leytonstonefestival.org.uk.

Leytonstone Arts Trail

Running alongside the Leytonstone Festival once again will be the Leytonstone Arts Trail, which is back for its eighth year. The Trail runs from Saturday 4 July to Sunday 12 July and art will be displayed in cafes, shops, pubs, studios, galleries, homes and parks. Special events and activities will keep the whole family happy, including a bronze casting workshop at Jenny Hammond School (Worsley Road, E11 3JL), a Hitchcock-inspired show at Artefacto Tattoo (476 High Road Leytonstone, E11 3HN) and life drawing taster sessions at St Andrew's Church (St Andrew's Road, E11 1JD). You can pick up a trail guide from the Stone Space gallery (6 Church Lane, E11 1HG). Residents are also encouraged to fill their windows and front gardens with their own art during the trail. The 'Let's fill Leytonstone with art' project began when trail organiser Hilary Douse asked neighbours to display art in their windows and the idea spread throughout the area. Paintings, knitting, photos, ceramics, paper crafts and textiles have all been exhibited in past years.

• For more information, visit www.leytonstoneartstrail.org or follow on Twitter @lat_tweets.

Sports and fitness

Gentle Yoga
Mondays, 6–7pm
The Mill, 7–11 Coppermill Lane, E17 7HA
Gentle yoga class, great for beginners, people with health issues, newbies, or anyone just wanting a nice small, friendly relaxing yoga class. We learn simple physical postures that improve posture and general physical and mental well-being, then have a calming relaxation to finish. £10 drop in or £9 with a loyalty card. **For more information email josettayoga@hotmail.co.uk or phone 07554 440 499.**

Ashtanga Yoga
Fridays, 9.45–11.15am
Quaker Meeting House, 1a Jewel Road, E17 4QU
Fast flowing dynamic yoga class for spiritual and physical wellbeing. Great for cleansing, increasing fitness, flexibility and balance, with a calming relaxation to finish. Please bring your own mat. £12 drop in or £11 with a loyalty card. **For more information email josettayoga@hotmail.co.uk or phone 07554 440 499.**

Yoga for Everybody
Tuesdays, 6.15–7.30pm
Leyton Sixth Form College, Essex Road, E10 6EQ
Sallyanne is an experienced instructor who adapts classical poses to suit everybody in this friendly class. Come and learn to relax and recharge while building up strength, flexibility, poise and peace. Beginners welcome. **For more information, phone 020 8520 7242 or 07952 307 455 or visit www.goldenyoga.co.uk.**

Free Karate Classes for All
Classes available seven days a week
Frederick Bremer School, Chingford Leisure Centre, The Peter May Sports Centre and Wanstead Leisure Centre. Join us for a free trial karate class at one of the leisure centres listed above. **For more information visit www.Karate-London.co.uk or phone 01992 768 664.**

Zumba with Chloe
Tuesdays, 7pm
Walthamstow School for Girls, Church Hill, E17 9RZ
Wear low, supportive trainers and bring a bottle of water to enjoy this exhilarating dance fitness class in a low pressure atmosphere. £5 drop in, discount available for advance payment. **For more information phone 07903 629 636, email Chloe@dancechloe.com or visit www.DanceChloe.com.**

Circuits with Chloe
Tuesdays, 8.15pm
Walthamstow School for Girls, Church Hill, E17 9RZ
A high impact exercise class for men and women who want to improve strength and stamina. Aiding weight loss and muscle tone in a friendly environment with variations for all levels. £6, drop in. **For more information phone 07903 629 636, email Chloe@dancechloe.com or visit www.DanceChloe.com.**

Yogi J Yoga
Mondays, 7–8pm
St Michael's Church Hall, Northcote Road, E17 6PQ
An open ability class with options for beginners and those with an established yoga practice. Unify body, mind and breath and increase strength, flexibility and balance. **For more info, email jjcassidy123@btinternet.com or phone 07789 513 701.**

Donation Yoga for All
Tuesday, Wednesday and Saturday mornings
United Reform Church, 58 Orford Road, E18 9QL
Learn how to move with the breath to loosen up stiffness, develop strength, good postural alignment and ways to balance the hormones to maximise health and vitality. **For more information email enquiries@yoyoga.co.uk or visit www.yoyoga.co.uk.**

Women Only Boot Camp
Mondays and Fridays, 6.30am and 7.30am
Tuesdays, 6.30am, 7.30am and 9.30am
Chestnut Field, Forest Road, E17 4JF
Fun and exciting boot camp programme taught in small groups, with online nutrition programme. **For more information, or to book, phone 07717 330 993 or email vibe.wellnesshealth@gmail.com.**

Women Only High Intensity Training
Mondays, 7.30pm and 8pm
St Gabriel's Church, Havant Road, E17 3LF
Fun and challenging 30 minute session using body weight exercises. **For more information, or to book, phone 07717 330 993 or email vibe.wellnesshealth@gmail.com.**

Tai Chi for Health
Tuesdays, 2–3.30pm
Nicholson Court, E17 6JP
A relaxed class aimed at the over 50s, focusing on improving health and balance. Beginners welcome. In partnership with Age UK Waltham Forest. **To book a place, phone Emma on 020 8558 5512 or email info@ageukwalthamforest.org.uk.**

Mum and Baby Yoga
Mondays, 11am–12noon
A new weekly post-natal yoga class for new mums and their newborns. Classes are drop-in, with no need to pre-book. Cash only. £10 or a ten-class pass for £90. **For more information, or to book, email leytonyoga@gmail.com or visit www.leytonyoga.com.**

Dynamic Yoga Class
Thursdays, 7–8.15pm
Stretch, sweat and strengthen while calming the mind in these vinyasa classes. Open to all levels, with challenging options for advanced students. Classes are drop-in, with no need to pre-book. Cash only. £10-11 or ten classes for £90. **For more information, email leytonyoga@gmail.com or visit www.leytonyoga.com.**

Ladies Only Yoga Class
Every Tuesday, 9.30–10.30am
Leyton Yoga, 691 High Road Leyton, E10 6RA
A class focused on lengthening the spine, easing discomfort and encouraging deeper body awareness. Open to women of all ages and levels of experience. Classes are drop-in, with no need to pre-book. Cash only. £10 or a ten-class pass for £90. **For more information email leytonyoga@gmail.com or visit www.leytonyoga.com.**

Capoeira Classes
Mondays and Wednesdays, 6.15 – 7.30pm
Walthamstow Leisure Centre, 243 Markhouse Road, E17 8RN
Capoeira is a unique Brazilian art-form that combines elements of martial arts, dance, music and acrobatics. Training capoeira involves all muscle groups and exercises the whole body and mind. Suitable for all ages, backgrounds and abilities and a fantastic activity for children. First class free. £9 drop-in per class. All levels welcome. Discount for children and students. **For more information phone 07462 745 158, email sacimaculelecapoeira@gmail.com or visit www.sacimaculele.com.**

Walk for Women
Mondays, 10–10.45am
Lloyd Park café, Forest Road, E17 5JW
If you'd like to meet other women, improve your health and spend time outdoors, then join our weekly walk. Enjoy the beautiful surroundings of Lloyd Park and a good chat. Buggies welcome. We're a friendly group and enjoy a cup of tea in the park café afterwards. **For more information, email ellie.mortimer@walthamforest.gov.uk or phone 020 8496 2822.**

Self-Defence Course
Thursday 9, 16 and 23 July, times TBC
Leytonstone United Free Church, 55 Wallwood Road, E11 1AY
Would you like to learn how to defend yourself and survive violent confrontations? In this short course you will gain confidence and learn how to take control of a situation with simple but effective techniques that anyone can use. **For more information please email jikandojo@hotmail.co.uk or visit www.jikandojo.com.**

Waltham Forest Reiki Project
Tuesday 7 July, 7–9pm
18A Orford Road, E17 9LN
Reiki is a form of healing that works with the life force energy that flows through all living things. When one's energy is free flowing without blocks one is in balance both physical and emotionally. This is a non-profit project and our aim is to bring healing to the masses. Donations go towards room hire and tea/coffee. Have an open mind, come along and see what we can do for you. **For more information email walthamforestreikiproject@gmail.com or phone 07940 260 558.**

Clubs and community

Adults with Dyslexia Meet-up
Tuesday 30 June, 6.30–8.30pm
The Mill, 7–11 Coppermill Lane, E17 7HA
Free group run by Waltham Forest Dyslexia Association for adults with dyslexia to share experiences and learn different ways to cope with having dyslexia. Practical information, tips, resources and creative solutions. **For more information, visit www.wfda.org.uk.**

Church Lane Community Garden
Saturdays, 10am–4pm and Tuesdays, 11am–4pm
Harold Road, E11 4QX
Come along to Transition Leytonstone's award-winning community garden. Organic fruit and veg, plants to buy, gardening tools to borrow, growing tips, regular workshops and volunteering opportunities. **For more information email cg@transitionleytonstone.org.uk or phone Shannon on 07450 474 538.**

Community local produce stall
Every Saturday, 10.30am–3pm
St John's Church, Church Lane, E11 1HH
A stall selling delicious, locally-grown organic fruit and vegetables and other local produce. A partnership between Organiclea and Transition Leytonstone. **For more information, email stall@transitionleytonstone.org.uk or phone 020 8556 3090.**

Waltham Forest Green Drinks
Thursday 1 July, 8pm
The Nag's Head, 9 Orford Road, E17 9LP
Green Drinks is organised by Waltham Forest LETS and meets in a different local venue on the first day of every month. Come for a relaxing social, or talk informally about projects you are involved in locally, of the environmental, community and social justice kind. **For more information email info.wflets@gmail.com or phone Diana on 07747 014 235.**

Parkside Primary Summer Fete
Saturday 4 July, 12–4pm
Parkside Primary School, 21 Wellington Avenue, E4 6RE
Bouncy castle, kids games and activities, Zumba demonstrations, BBQ, drinks and snacks and stalls for rental at £10 a table. Come and support a great primary school. **For further details, and to reserve a table, email friendsofparkside2015@gmail.com.**

Good Life Club
Every Wednesday, 1–3pm
Greenleaf Baptist Church, Greenleaf Road, E17 6QQ
A social club for people aged 55 and over. Join us for speakers, quizzes, videos, social events and outings. Entry is £2, including refreshments.

St. Saviour's Summer Fete
Saturday 4 July, 11am–3pm
St. Saviour's Church, Markhouse Road, E17 8PP
Come to our summer fete, which this year has an American theme. Lots of stalls, bargains, delicious food and refreshments and lots of fun for all ages. **For more info, visit www.stsaviourswalthamstow.co.uk.**

WSfG Annual Alumnae Day
Saturday 4 July, 10.30am–3.30pm
Walthamstow School for Girls, Church Hill, E17 9RZ
Come along and meet up with former pupils and staff and see the school as it is now. Booking essential. Entry is £16, including lunch and refreshments. **For more information, email rfinamore@wsfg.waltham.sch.uk or phone 020 8509 4494.**

Tablet Computer Course for ages 50+
Thursday 18 June, 10.30am–12.30pm
Waltham Forest Resource Hub, 58 Hall Lane, E4 8EU
We will show you how to use a tablet computer, starting with the basics. The course comprises two sessions, held a week apart. We will provide you with a tablet so you can try out what is being demonstrated and see if a tablet computer is suitable for your needs. Course costs £12.50. **For more information phone 020 8558 5512 or email e.tozer@ageukwalthamforest.org.uk.**

Skype for Beginners – ages 50+
Thursday 25 June, 10.30am–12.30pm
Waltham Forest Resource Hub, 58 Hall Lane, E4 8EU
This course covers all the basics of using Skype, from installing, creating a profile to making free video and voice calls over the internet. Course costs £12.50. **For more information phone 020 8558 5512 or email e.tozer@ageukwalthamforest.org.uk.**

Understanding your iPad – ages 50+
Monday 6 July, 10.30am–12.30pm
Waltham Forest Resource Hub, 58 Hall Lane, E4 8EU
Would you like to be able to use your iPad better? Do you have questions? Bring your iPad to this session and learn how to get the most out of your device. Session costs £5. **For more information phone 020 8558 5512 or email e.tozer@ageukwalthamforest.org.uk.**

Your pull out and keep guide to fun this summer

SUMMER DAZE 2015

Hundreds of activities for children, young people and families

www.walthamforest.gov.uk/summerdaze

Waltham Forest

Schools are about to take a well earned break after a year of hard work and some very good results. As parents and carers we are all too aware that finding activities and the money to keep the kids entertained at this time of year can be a challenge.

As part of our commitment to helping families, our Summer Daze programme offers our children and young people a wide variety of activities, from week long 'master-classes', full day multi-sports and performing arts programmes to half day drop-in play sessions in schools and parks. We are also part-funding 20 schools to enable them to provide holiday schemes for their pupils.

You will find all the activities provided in schools, play sessions in parks, the multi-sports and performing arts programme and a list of our Get Together events on the following pages. You will find additional activities listed online at **www.walthamforest.gov.uk/summerdaze**.

Whether your child's interest is in sports, music or arts, they can try new activities, make new friends, and most of all have lots of fun in a safe and healthy environment. Most of the activities are free or provided at a reduced cost so it won't be too painful to your pocket.

Don't forget our lovely parks, leisure centres, libraries, galleries and our Get Together programme of festivals and fun days. They are a great way for you and your family to enjoy living life in Waltham Forest.

I hope you and your family have a wonderful summer.

Chris Robbins
Leader of Waltham Forest Council

Get involved this summer

With hundreds of exciting activities being delivered by local organisation's across the borough this summer there will always be something fun to do near you: from writing your own short stories to pond dipping; film screenings to archery. To help you plan your summer and find what is best suited to you we have created an interactive online map to enable you to search activities based on age, interest and area.

Start your summer here

Visit Summer Daze on the Children and Young People's Directory to access all of the exciting activities and events taking place in Waltham Forest! **www.walthamforest.gov.uk/summerdaze**

Holiday Club Providers – Full day Monday to Friday

Holiday Club providers offer a range of exciting activities that run all day from Monday to Friday. A full list of Holiday Club providers can be found on the Summer Daze website **www.walthamforest.gov.uk/summerdaze**

Don't forget, if you use an Ofsted registered Holiday Club you can claim extra tax credits to help with your childcare costs if you're eligible. Further details regarding tax credits can be found at www.gov.uk/childcare-costs-for-tax-credits.

What's On at your local Children's Centre

Children's Centres are a great place to learn, play and enjoy. Every family with children under five in Waltham Forest is invited to register at their nearest Children's Centre to take advantage of the many services and activities being offered. This summer, all Children's Centres in Waltham Forest are offering an exciting range of free and chargeable activities such as baby clinics, rhyme time and parent toddler groups which can be accessed from the Summer Daze website **www.walthamforest.gov.uk/summerdaze**.

What's Inside

Inside this issue of Summer Daze you will find:

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Play Bus Sessions for 0-11 year olds

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Multi-Sports and Performing Arts Holiday Programme

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Places to visit

Free activities for 5 to 11 year olds

The Summer Daze free two and a half hour sessions delivered in schools for 5 to 11 year olds are a popular feature of summer in Waltham Forest. Sessions aim to provide opportunities for children to try new activities and learn new skills, whilst having fun and making new friends. All sessions are led by Summer Daze Play Workers, with specialist workshops provided by professionals from a variety of local organisations. Most activities run for 45 minutes to enable all children to be able to try everything on offer at each session! Details of the dates and times of these sessions are on the following pages so you can plan your time. The types of activities include:

Play Worker led activities

Each location will have Summer Daze Play Workers who will provide a familiar, friendly face and lead arts, crafts and group play-ground games.

Singing, drama and rhyme workshops

A variety of workshops will be delivered by professionals from X7eaven Performing Arts company, Waltham Forest Arts Network and comedy performance poet Neal Zetter. These high quality, engaging sessions encourage children to develop their own creative expression and self-confidence.

Specialist arts, crafts and puppet workshops

Waltham Forest is bursting with creativity! Children can come and create their own works of art at workshops delivered by William Morris Gallery, Waltham Forest Arts Network and Waltham Forest Libraries service.

Music weeks

Children can come and find their musical talents with week-long group music lessons delivered by Waltham Forest Music Service! We encourage children to attend every session for the week to enable them to learn to play an instrument. At the end of the week they will be able to showcase their new skills at the Summer Daze talent show.

Magic and entertainers

Each week we will be amazed by a variety of entertainers, magicians, face painters and even visits from Harry Potter! Come and be amazed and learn a few tricks of your own!

Sports and dance workshops

Kick, Skip and Flick! Take part and improve your skills in sports sessions delivered by Leyton Orient coaches and cycling workshops delivered by Highams Park Coaching Centre. You can also dance away the hours at workshops delivered by X7eaven and Waltham Forest Arts Network.

Meet the animals

Come and meet the friendly creatures from Waltham Forest's Suntrap Centre - back by popular demand.

Travelling libraries

Lose yourself in books! Become a member of the Waltham Forest libraries, sign up for the Summer Reading project (see timetables on centre pages) and borrow some books from our travelling library.

Play sessions in local parks 0–11 year olds

Come and enjoy our beautiful parks, fun play equipment, and get involved in games and activities led by our friendly Play Workers and the Play Bus. Why not bring the family and a picnic and make a day of it!

Play Bus visits to local parks

Day	Activities
St James Park, Essex Road, Walthamstow E17	Wednesday 12 August – 10am to 12noon Wednesday 19 August – 10am to 12noon
Leyton Jubilee Park, Marsh Lane entrance, Leyton E10	Monday 27 July – 10am to 12noon Monday 3 August – 10am to 12noon
Acacia Road Play Area, Acacia Road, Leytonstone E11	Monday 27 July – 2pm to 4pm Monday 3 August – 2pm to 4pm
Cathall Green, Cathall Road, Leytonstone E11	Monday 10 August – 10am to 12noon Monday 17 August – 10am to 12noon
Henry Reynolds Gardens, Bush Road, Leytonstone E11	Monday 10 August – 2pm to 4pm Monday 17 August – 2pm to 4pm
Arnett Square Playground, Chingford Hall Estate, Chingford E4	Friday 24 July – 2pm to 4pm Friday 31 July – 2pm to 4pm
Pimp Hall Park, Simmons Lane, Chingford E4	Wednesday 12 August – 2pm to 4pm Wednesday 19 August – 2pm to 4pm

10am to 12.30pm

Larkswood Primary Academy
New Road, Chingford, E4 8ET

Day	Activities
Monday 27 July	• Music session • Make and Create • Leyton Orient Sports
Tuesday 28 July	• Music session • Story telling • Playground games
Wednesday 29 July	• Music session • Summer Reading • Playground games
Thursday 30 July	• Music session • Make and Create • Dance fitness
Friday 31 July	• Music session • Talent Show • Playground games
Monday 3 August	• William Morris Textiles • Cycle coaching • Playground games
Tuesday 4 August	• Suntrap Animals • Make and Create • Stomping workshop
Wednesday 5 August	• African Drumming • Make and Create • Playground games
Thursday 6 August	• Magic Sam • Make and Create • Playground games
Friday 7 August	• Leyton Orient Sports • Make and Create • Playground games
Monday 10 August	• Circus Skills – Jeb • Make and Create • Leyton Orient Sports
Tuesday 11 August	• Cycle coaching • Make and Create • Playground games
Wednesday 12 August	• Summer Reading • Make and Create • Leyton Orient Sports
Thursday 13 August	• Magic Show • Make and Create • Playground games

Under 8s must be accompanied by an adult

Day	Activities
Friday 14 August	• Balloon Science • Make and Create • Salsa workshop
Monday 17 August	• Recycled Art Workshop • Singing workshop • Playground games
Tuesday 18 August	• Leyton Orient Sports • Make and Create • Playground games
Wednesday 19 August	• Rap, Rhyme and Design • Street Dance • Playground games
Thursday 20 August	• Dance fitness • Make and Create • Playground games
Friday 21 August	• Punch and Judy • Face painting • Playground games

1.30pm to 4pm

St Mary's RC Primary School
Station Road, Chingford
E4 7BJ

Day	Activities
Monday 27 July	• Singing workshop • Make and Create • Leyton Orient Sports
Tuesday 28 July	• Drama workshop • Make and Create • Cycle coaching
Wednesday 29 July	• William Morris Printmaking • Make and Create • Playground games
Thursday 30 July	• Street Dance • Make and Create • Playground games

Day	Activities
Friday 31 July	• Magic Sam • Make and Create • Playground games
Monday 3 August	• Leyton Orient Sports • Make and Create • Playground games
Tuesday 4 August	• Suntrap Animals • Make and Create • Playground games
Wednesday 5 August	• Recycled Art Workshop • Summer Reading • Playground games
Thursday 6 August	• Drama workshop • Make and Create • Leyton Orient Sports
Friday 7 August	• Salsa session • Make and Create • Playground games
Monday 10 August	• Drama workshop • Make and Create • Leyton Orient Sports
Tuesday 11 August	• Puppet Workshop • Make and Create • Salsa session
Wednesday 12 August	• Recycled Art Workshop • Leyton Orient Sports • Playground games
Thursday 13 August	• Magic Show • Make and Create • Playground games
Friday 14 August	• Balloon Science • Make and Create • Playground games
Monday 17 August	• Rap, Rhyme and Design • Cycle coaching • Playground games
Tuesday 18 August	• Leyton Orient Sports • Make and Create • Playground games
Wednesday 19 August	• Summer Reading • Singing workshop • Playground games
Thursday 20 August	• Street Dance • Make and Create • Playground games
Friday 21 August	• Talent Show • Face painting • Playground games

10am to 12.30pm

George Mitchell School
Farmer Road, Leyton, E10 5DN

Day	Activities
Monday 27 July	• Salsa session • Make and Create • Playground games
Tuesday 28 July	• Leyton Orient Sports • Make and Create • Playground games
Wednesday 29 July	• Recycled Art Workshop • Make and Create • Playground games
Thursday 30 July	• Puppet Workshop • Make and Create • Cycle coaching
Friday 31 July	• Face Painting • Make and Create • Street Dance Workshop
Monday 3 August	• Music session • Summer Reading • Playground games
Tuesday 4 August	• Music session • Make and Create • Leyton Orient Sports
Wednesday 5 August	• Music session • Make and Create • Playground games
Thursday 6 August	• Music session • Make and Create • Street Dance Workshop
Friday 7 August	• Music session • Talent Show • Playground games
Monday 10 August	• Puppet Workshop • Make and Create • Cycle coaching
Tuesday 11 August	• Singing workshop • Make and Create • Leyton Orient Sports
Wednesday 12 August	• Drama workshop • Make and Create • Playground games
Thursday 13 August	• Salsa session • Make and Create • Playground games
Friday 14 August	• Talent Show • Make and Create • Playground games

Under 8s must be accompanied by an adult

Day	Activities
Monday 17 August	• Summer Reading • Make and Create • Street Dance Workshop
Tuesday 18 August	• Suntrap Animals • Make and Create • Stomping workshop
Wednesday 19 August	• Leyton Orient Sports • Make and Create • Playground games
Thursday 20 August	• Magic Show • Make and Create • Playground games
Friday 21 August	• Circus Skills with Jeb • Make and Create • Playground games

1.30pm to 4pm

Newport School
Newport Road, Leyton, E10 6PJ

Day	Activities
Monday 27 July	• Summer Reading • Make and Create • Leyton Orient Sports
Tuesday 28 July	• Rap, Rhyme and Design • Make and Create • Leyton Orient Sports
Wednesday 29 July	• Salsa session • Make and Create • Playground games
Thursday 30 July	• William Morris Textiles • Make and Create • Playground games
Friday 31 July	• Punch and Judy • Face Painting • Playground games

Day	Activities
Monday 3 August	• Singing workshop • Make and Create • Cycle coaching
Tuesday 4 August	• Drama workshop • Make and Create • Leyton Orient Sports
Wednesday 5 August	• William Morris Printing • Make and Create • Playground games
Thursday 6 August	• Street Dance Workshop • Make and Create • Playground games
Friday 7 August	• Talent Show • Make and Create • Playground games
Monday 10 August	• Music session • Summer Reading • Playground games
Tuesday 11 August	• Music session • Make and Create • Leyton Orient Sports
Wednesday 12 August	• Music session • Singing workshop • Playground games
Thursday 13 August	• Music session • Make and Create • Leyton Orient Sports
Friday 14 August	• Music session • Talent Show • Playground games
Monday 17 August	• Story telling • Make and Create • Playground games
Tuesday 18 August	• Suntrap Animals • Make and Create • Salsa workshop
Wednesday 19 August	• Rap, Rhyme and Design • Make and Create • Leyton Orient Sports
Thursday 20 August	• African Drumming • Make and Create • Cycle coaching
Friday 21 August	• Circus Skills with Jeb • Make and Create • Playground games

10am to 12.30pm

Emmanuel Community School
The Drive, Walthamstow
E17 3BN

Day	Activities
Monday 27 July	• William Morris Textiles • Make and Create • Playground games
Tuesday 28 July	• Summer Reading • Leyton Orient Sports • Playground games
Wednesday 29 July	• Salsa session • Make and Create • Playground games
Thursday 30 July	• Suntrap Animals • Make and Create • Playground games
Friday 31 July	• Punch and Judy • Leyton Orient Sports • Playground games
Monday 3 August	• Leyton Orient Sports • Make and Create • Playground games
Tuesday 4 August	• African Drumming • Make and Create • Playground games
Wednesday 5 August	• William Morris Textiles • Cycle coaching • Playground games
Thursday 6 August	• Puppet Workshop • Make and Create • Playground games
Friday 7 August	• Mrs Bubbles • Make and Create • Salsa session
Monday 10 August	• Singing workshop • Make and Create • Stomping workshop
Tuesday 11 August	• Summer Reading • Recycled Art Workshop • Leyton Orient Sports
Wednesday 12 August	• African Drumming • Make and Create • Playground games
Thursday 13 August	• Dance fitness • Make and Create • Playground games

Under 8s must be accompanied by an adult

Day	Activities
Friday 14 August	• Cycle coaching • Face Painting • Playground games
Monday 17 August	• Music session • Drama workshop • Playground games
Tuesday 18 August	• Music session • Make and Create • Playground games
Wednesday 19 August	• Music session • Make and Create • Leyton Orient Sports
Thursday 20 August	• Music session • Rap, Rhyme and Design • Cycle coaching
Friday 21 August	• Music session • Talent Show • Playground games

1.30pm to 4pm

Chapel End Infant School and Early Years Centre
Beresford Road
Walthamstow, E17 4LN

Day	Activities
Monday 27 July	• Puppet Workshop • Leyton Orient Sports • Playground games
Tuesday 28 July	• Singing workshop • Leyton Orient Sports • Playground games
Wednesday 29 July	• Rap, Rhyme and Design • Cycle coaching • Playground games
Thursday 30 July	• Suntrap Animals • Make and Create • Playground games

Day	Activities
Friday 31 July	• Talent Show • Make and Create • Playground games
Monday 3 August	• Leyton Orient Sports • Make and Create • Playground games
Tuesday 4 August	• Storytelling • Summer Reading • Playground games
Wednesday 5 August	• Leyton Orient Sports • Make and Create • Playground games
Thursday 6 August	• Magic Sam • Make and Create • Playground games
Friday 7 August	• Mrs Bubbles • Face Painting • Playground games
Monday 10 August	• Circus Skills with Jeb • Make and Create • Playground games
Tuesday 11 August	• Drama workshop • Make and Create • Leyton Orient Sports
Wednesday 12 August	• Cycle coaching • Make and Create • Playground games
Thursday 13 August	• Street Dance • Make and Create • Playground games
Friday 14 August	• Face Painting • Make and Create • Leyton Orient Sports
Monday 17 August	• Singing workshop • Make and Create • Salsa session
Tuesday 18 August	• Summer Reading • Make and Create • Leyton Orient Sports
Wednesday 19 August	• Leyton Orient Sports • Make and Create • Playground games
Thursday 20 August	• Magic Show • Make and Create • Playground games
Friday 21 August	• Punch and Judy • Leyton Orient Sports • Playground games

10am to 12.30pm

Peter May Sports Centre
135 Wadham Road
Walthamstow, E17 4HR

Day	Activities
Monday 27 July	• Drama Workshop • Make and Create • Playground games
Tuesday 28 July	• Storytelling and Drama • Make and Create • Leyton Orient Sports
Wednesday 29 July	• Stomping workshop • Make and Create • Playground games
Thursday 30 July	• African Drumming • Make and Create • Cycle coaching
Friday 31 July	• Magic Sam • Make and Create • Playground games

Day	Activities
Monday 3 August	• Recycled Art Workshop • Cycle coaching • Playground games
Tuesday 4 August	• William Morris Printing • Leyton Orient Sports • Playground games
Wednesday 5 August	• Leyton Orient Sports • Make and Create • Playground games
Thursday 6 August	• Dance fitness • Make and Create • Playground games
Friday 7 August	• Face Painting • Make and Create • Street Dance Workshops

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SUMMER DAZE

PARTLY COUNCIL FUNDED

Multi-Sports and Performing Arts Holiday Programme

TOTTENHAM HOTSPUR FOUNDATION

Get involved with our multi-sports or performing arts holiday programmes for children and young people aged 5 to 19 years (or up to 25 years old with a disability).

Tottenham Hotspur Foundation Multi Sports and X7eaven Performing Arts

Monday 27 to Friday 31 July
Monday 3 to Friday 7 August
9.30am to 3.30pm

Heathcote School and Science College, Normanton Park, **Chingford**, E4 6ES

Tottenham Hotspur Foundation Multi Sports and X7eaven Performing Arts

Monday 27 to Friday 31 July
Monday 3 to Friday 7 August
Monday 10 to Friday 14 August
9.30am to 3.30pm

Walthamstow School For Girls, Church Hill, **Walthamstow**, E17 9RZ

Leyton Orient Multi-Sports

Monday 27 to Friday 31
Monday 3 to Friday 7 August
Monday 10 to Friday 14 August
Monday 17 to Friday 21 August
9.30am to 3.30pm

The Score Centre, 100 Oliver Road, **Leyton**, E10 5JY

Tottenham Hotspur Foundation Disability Multi-Sports (all children must be accompanied by an adult)

Monday 10 to Friday 14 August
Monday 17 to Friday 21 August
10.30am to 3.30pm

Peter May Sports Centre, 135 Wadham Road, **Walthamstow**, E17 4HR

To book a place call 020 8365 5138 (Monday to Friday 9.30am to 5.30pm) or email lbwfbookings@tottenhamhotspur.com

Cost:
£53.00 Per week (£44.20 Concessions),
£13.25 Per day (£11.05 Concessions)
Concessionary rate available for children and young people eligible for free school meals.

Let's Get Together

Our popular summer Get Together programme brings communities together to enjoy family fun days and music festivals across of the borough.

We have top artists, lots of fun activities for our younger residents, a cultural programme and, for the first time, we have Grillstock the biggest music and barbecue festival coming to Walthamstow.

FREE EVENTS

Leyton Big Weekender

Saturday 4 July, 1pm–6pm, Sunday 5 July, 1pm–7pm

Leyton Cricket Ground, Crawley Road, Leyton E10 6RJ

The fantastic Leyton Big Weekender returns with a two day family festival including the Waltham Forest Caribbean Carnival, top bands **Aswad** and the **Real Thing**, and much more.

Walthamstow Garden Party

Saturday 18 July, 12noon–9.30pm, Sunday 19 July 12noon–8pm

Lloyd Park (Behind William Morris Gallery), Forest Road, Walthamstow E17 5JW

Join us for a packed weekend of music, theatre, arts, crafts, food and drink, stalls and workshops and lots of family friendly activity in Walthamstow's beautiful Lloyd Park. Organised in conjunction with Barbican and Create London.

Waltham Forest Mela

Sunday 2 August, 1pm–6pm

Chestnuts Field, Walthamstow Town Hall, Forest Road, Walthamstow E17 4JF

The ever popular Waltham Forest Mela is back, celebrating the best of Asian culture with music, dance, fun activities for all the family plus tantalising food and drink.

Chingford Big Weekender

Saturday 15 August, 1pm–8pm, Sunday 16 August, 1pm–6pm

Ridgeway Park, Old Church Road, Chingford, E4 6RS

The legendary Chingford Big Weekender returns to Ridgeway Park boasting a line-up of internationally renowned artists including **ABC, Boney M, Gwen Dickey** and more.

Grillstock London

Saturday 5 September 11am–10.30pm, Sunday 6 September, 11am–6pm

Chestnuts Field, Waltham Forest Town Hall, Walthamstow, E17

Grillstock - the biggest music and barbecue festival outside the US is coming to Walthamstow. Expect smouldering hot US style low and slow BBQs plus music from **The Fun Lovin' Criminals, Razorlight, Cuban Brothers, Grandmaster Flash** and others. All 16,000 free residents tickets have now been allocated. Tickets can be purchased online at **www.grillstock.co.uk/london-festival**

Leytonstone Big Weekender

Saturday 12 September, 1pm–5pm Cathall Green, E11 4DD

Sunday 13 September, 1pm–6pm Church Lane, E11 1HG

Keep the date free for the Leytonstone Big Weekender packed with food, drink, arts, culture and live entertainment. The Car Free Day music stage presents top Ska band the Selecter, DJ Kevin Moorish, Rags Rudi and more.

www.walthamforest.gov.uk/get-together

Waltham Forest is fortunate in having many beautiful parks, open spaces and well equipped play areas. We have libraries offering activities and help to access Council services, up to the minute leisure centres and places to visit.

Parks and open spaces

As well as being the perfect green space for a leisurely stroll or a picnic, our parks are host to football, tennis and cricket matches, skateboarding and cycling events, summer festivals and a range of free fitness classes. **www.walthamforest.gov.uk/parks**

Libraries

Waltham Forest libraries offer a whole programme of events and activities for all ages. You can also get help and advice from Council staff on all council services at our Four Library Plus branches. **www.walthamforest.gov.uk/libraries**

Leisure Centres

Waltham Forest boasts five newly refurbished leisure centres offering every facility from swimming pools, teaching pools, water flumes, saunas, well equipped fitness gyms, studios and sports halls. Waltham Forest Pool and Track is due to reopen as Waltham Forest Leisure Centre in 2016. The athletics track will remain open during the works to the main building. **www.better.org.uk/walthamforest**

Vestry House Museum

Vestry House Museum presents themed displays that capture the unique heritage of the local area plus an exciting and varied programme of activities and events for all ages, many of which are free. **www.walthamforest/vhm**

William Morris Gallery

Situated in the grounds of the beautiful Lloyd Park, William Morris Gallery offers new exhibitions, a year round programme of events, learning resources and creative projects for all ages. **www.wmgallery.org.uk**

Haven House Summer Fayre

Sunday 5 July, 11am–4pm
Haven House Children's Hospice, High Road, IG8 9LB
Fun, games and activities for all ages plus a variety of retail stalls. Tasty food and entertainment and much, much more. Suggested donation £2, children under three go free. **For more information email events@havenhouse.org.uk, phone 020 8506 3638 or visit www.havenhouse.org.uk.**

Miniature Steam and Electric Train Rides

Every Sunday and Bank Holiday Monday until 4 October, 2–5.30pm and Wednesdays during school summer holidays, 2–4pm
Ridgeway Park, Peel Close, E4 6XU
Miniature steam and electric train rides at Ridgeway Park, Chingford are great fun for children and adults alike. During the school summer holidays, train rides are also available on Wednesday afternoons from 1–4pm.Train rides are available at 60p or £1.50 depending on the train track in use. Kids under three go free with an adult. **For more information, visit www.chingford-model-engineering.com.**

Western Front Association – East London Branch

Third Thursday of every month, 7.30pm
Waltham Forest Sports and Social Club, Forest Road, E17 4JF
Are you interested in the Great War? You can meet like-minded people who are interested in the First World War. Different speaker every month. New members welcome. **For more information phone Neil Pearce on 07956 541 897 or email pearce.neil@ntlworld.com.**

Culture and crafts

E17 Jazz

Wednesday 24 June, 8.30–10.30pm
Orford House Social Club, 73 Orford Road, E17 9QR
The award winning E17 Jazz Collective presents concerts featuring local musicians of national renown, plus exciting guest stars in a relaxed jazz club setting. **For more information visit www.e17jazz.com/whatson/**

Sing at The WO

Every Monday, 7.30–9pm
The Warrant Officer, 318 Higham Hill Road, E17 5RG
Join our community choir at The Warrant Officer pub. Absolutely no auditions, all abilities welcome. Raise your voice and lift your spirits as part of an adult choir where you call the tunes. First 'taster' session is free, then £6 per session in advance or £7 pay-as-you-go. **For more information email singattheWO@gmail.com or phone Laura on 07813 686 980.**

Highams Park Live

Thursday 25 June, 7.30–11pm
The County Arms, 420 Hale End Rd, Highams Park, E4 9PB
An acoustic evening of live music, poetry and live literature with an eclectic programme of songwriters, poets and storytellers. Performers are booked in advance – please contact info@highamsparklive.co.uk. The event is free and if you want to be part of the audience then please come along on the night and be inspired by the creative atmosphere! **For more information, visit www.highamsparklive.co.uk.**

Beginners Banjo Classes for Adults

Mondays, 6.30pm
Quaker Meeting House, 1a Jewel Road, E17 4QU
Professional musician, Dick Smith, teaches five-string banjo classes in three finger bluegrass style picking. Start from scratch and develop your skills in a relaxed and fun environment. £12 per class when paid in advance for the term. Book now for the next seven week course – limited availability. **For more information phone 07745 052 525, visit www.banjosmith.co.uk or email info.banjosmith@gmail.com.**

Beginners Ukulele for Adults

Saturdays, 12.30pm
Quaker Meeting House, 1a Jewel Road, E17 4QU
Try the ukulele with an experienced professional musician in a fun and relaxed environment. Instruments not provided. £10 per class when paid in advance for the term. Book now for the next seven week course – limited availability. **For more information phone 07745 052 525, visit www.banjosmith.co.uk or email info.banjosmith@gmail.com.**

The Stones Throw Market

Saturday 4 July, 2–6pm
St Johns Church Hall, E11 1HH
A local monthly artisan and retro market featuring more than 20 stalls, including Gail's Windy Day, Fused & Fired and Flock & Roll. There is different mix of stalls each time. Also on offer is award-winning Epping honey, retro home ware such as furniture and cookware, plus vintage clothes. Afternoon tea is also served with homemade cakes and tasty salads. **For more information email stonesthrowmarket@yahoo.co.uk or tweet @stonesthrowe11.**

Piano and Guitar Tuition

Flexible dates and times available
Learn to play a range of musical styles from the comfort of your own home. Open to children and adults. Covers all levels from complete beginner to advance. Exam preparation included with a current 100% pass rate. £30 per hour, £10 discount on the first lesson. A discount is also available on multiple lesson purchases. **For more information, phone 07515 156 331 or email paul.mountford@hotmail.co.uk.**

Craft E11 evening social

Second Tuesday of the month, 8pm
Red Lion, 640 High Road Leytonstone, E11 3AA
An excuse for anyone with a craft hobby to get crafting and socialise. Just turn up, and start your project at the reserved table. Free to attend. **For further information, see Facebook group 'Craft E11.'**

Stoneydown Park Folk Festival

Sunday 28 June, 2–6pm
Stoneydown Park, Pretoria Avenue, E17 9JY
The Friends of Stoneydown Park in collaboration with Walthamstow Folk club are hosting our fifth annual Folk Festival. In addition to the best of local folk music there will be food and drink stalls, a beer pavilion, family friendly craft activities, craft stalls and more. **For more information, visit www.friendsofstoneydownpark.org.uk.**

Strung Out violin groups for adults (intermediate)

Thursday evenings, 7–8pm
Studio Office, Quaker Meeting House, 1a Jewel Road, E17 4QU
Strung Out is a fun violin group for adults run by professional musician Alison Jones who has over 30 years of performing internationally. There are currently places available for the intermediate class which is Grades 4–6 level. All styles of music welcomed from classical to traditional. Fun is the key ingredient! **For more information, and to reserve a place, email strungout@shapeshifter-productions.com, phone 020 7018 2927 or visit www.shapeshifter-productions.com.**

Waltham Forest Community Choir Anniversary Concert

Saturday 4 July, 7pm
St Mary's Church, Church End, E17 9RJ
Waltham Forest Community Choir will be celebrating its fifth Anniversary with a performance of Vivaldi's Gloria. Featuring the Forest Philharmonic Chamber Ensemble, Soprano Ruth Hopkins and Mezzo Soprano, Emily Lawrence. Entry costs £10 or £5 for concessions. Tickets can be bought in advance or on the door on the night. **To buy tickets in advance, email tickets@singwithus.net.**

Children and young people

Acting Bugs

Fridays, 9.50–11.30am
The Peterhouse Centre, 122 Forest Rise, E17 3PW
Acting Bugs and Diddy Bugs are interactive drama groups for children aged three to four years and 18 months to three years, led by local TV actress and mum, Sam Seager, and children's author Shirani Bolle. The sessions last 45 minutes and introduce pre-school children to the world of drama in a fun and playful way. Numbers strictly limited, so please email to book your free taster session. **Email info@actingbugs.co.uk or visit www.actingbugs.co.uk.**

Kids' Summer Disco

Friday 17 July, 5–8pm
Chingford Assembly Hall, Station Road, E4 7EN
An infant and junior prom, primarily for children aged up to 11 years. Come dressed as Cinderella or Prince Charming, as a superhero or in your disco gear. A family event with musical fun and games, entertainer Sally Squiggle, face painting, sweets, sand art. Refreshments, pocket money toys and 'Frozen' and superhero goodies will be on sale at the event. Relevant stallholders wanted. There will be a licensed bar for over 18s. All children, or groups of children, must be accompanied by an adult. Entry costs £6 per child and £4 per adult. **To book tickets in advance, or for more information, phone Irene Bull on 020 8559 4500, email irenebull@hotmail.co.uk or visit www.chingfordevents.co.uk.**

Ridgeway Rovers U15s – players wanted

Tuesdays, 6–7.30pm and Sunday daytime
Parmiters Sports Ground, Nelson Road, E4 9AS
Ridgeway Rovers Tigers U14's (current school Year 9, next season U15's) are looking for a new goalkeeper and some additional players to strengthen our squad. We play in the Echo League on Sundays and were this season's League and League Cup Runners Up. Our coaches are FA qualified and our club is a Charter Standard Club. **For more information on coming for a trial, phone Paula on 07980 347 772 or email ridgewayteam2014@aol.com.**

Community Ward Forums

Wood Street

Monday 22 June, 7–9pm
Henry Maynard Primary School, Addison Road site, E17 9LT

High Street

Tuesday 23 June, 7–9pm
The Limes Community and Children's centre, 6 Somers Road, E17 6RX

Hale End and Highams Park and Hatch Lane

Wednesday 24 June, 7–9pm
All Saints Highams Park, Church Avenue, E4 9QD

Chapel End Community Ward forum

Monday 6 July, 7–9pm
Chapel End Infant School, 3 Beresford Road, E17 4LN

Council Meetings

Tuesday 23 June
Cabinet, 2pm

Wednesday 24 June
Social Care Scrutiny Committee

Thursday 25 June
Audit and Governance Committee

Friday 26 June
Licensing Act 2003 Sub-Committee, 10am

Monday 29 June
Waltham Forest Safer Neighbourhoods Board, 7pm

Tuesday 30 June
Licensing Act 2003 Sub-Committee, 2pm

All meetings are held at Waltham Forest Town Hall and start at 7.30pm, unless stated otherwise. Dates and times are subject to change.

Tell us what's on

Email your event details to:

walthamforestnews@walthamforest.gov.uk

Free internet access is available at all libraries in the borough.

The deadline for 20 July edition is

Friday 3 July

Please note inclusion cannot be guaranteed, due to the high volume of requests received.

Please send your listing requests in the body of an email, formatted as shown on these pages.

WALTHAM FOREST Get Together

GET TOGETHER TO ENJOY ANOTHER BRILLIANT YEAR IN WALTHAM FOREST

FREE TICKETED EVENT

Eid Celebration

Bring family and friends along to celebrate the end of Ramadan with a fantastic evening of entertainment.

Thursday 23 July 2015

Doors open 7pm • Entertainment starts 7.30pm

Walthamstow Assembly Hall, Town Hall Complex
Forest Road, E17 4JD

Free event, everyone is welcome.
Register for your free tickets at
www.eid2015.eventbrite.co.uk

Free internet access is available at all Waltham Forest libraries.

www.walthamforest.gov.uk/get-together
facebook.com/walthamforestcouncil Follow us on Twitter @LBWFEvents

Waltham Forest

Landlord Licensing Scheme Consultation

TOWER HAMLETS

A SELECTIVE LICENSING SCHEME FOR THE PRIVATE RENTED SECTOR

Tower Hamlets Council is considering introducing a selective licensing scheme for private landlords renting properties to tenants. This will mean that private landlords will need to obtain a license from the council before a property can be rented out.

The council wants to use selective licensing to tackle anti-social behaviour, deal with poor housing standards and to assist in improving the overall management of rented accommodation.

The areas where the scheme is under consideration are:

- **Spitalfields and Banglatown**
- **Weavers**
- **Whitechapel**
- **Bow East**
- **Bow West**
- **Blackwall and Cubitt Town**
- **Millwall**

For more information, come to one of our drop in sessions, at 6.30pm.

Wednesday, June 17	– Mulberry Place (Blackwall & Cubitt Town)
Monday, June 22	– Idea Store Whitechapel (Spitalfields & Banglatown)
Monday, June 29	– Rowing Club (Millwall)
Monday, July 6	– Idea Store Bow (Bow East)

If you are a private sector tenant, landlord, business or service provider located in or outside the areas listed above and would like to make some comments then please complete the online questionnaire at www.towerhamlets.gov.uk/llsconsultation

For further information, log on to
www.towerhamlets.gov.uk/landlordlicensing
Consultation runs until July 12, 2015

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Our Parks are fitness hot spots

- **Free Our Parks exercise sessions more popular than ever**
- **Programme to include 'social sports' for first time this summer**

Our Parks offers free group fitness sessions in the borough's parks and open spaces

This summer, Waltham Forest residents can take advantage of more free exercise sessions in parks and open spaces than ever before.

The borough's hugely popular Our Parks initiative shows no signs of slowing down, with the Council now funding activities in eight different locations. As part of this, three community ward forums have decided to use their Council grant funding to pay for sessions in Henry Reynolds Gardens and the Church Lane Multi-Use Games Area, both in Leytonstone, and Higham Hill Recreation Ground in Walthamstow.

And the finishing touches are currently being put on a series of social sport sessions – a new element to the programme designed to bring communities together over games of volleyball, netball, football, rugby, basketball and rounders.

It is hoped residents who used to play for their school sports teams but have become inactive or isolated from a friendship circle will jump at the chance to get back into sport without having to pay a penny. Local clubs will help run the new sessions – and offer opportunities to those taking part who want to take their game further.

Chair of Waltham Forest Volleyball Club, Jim Howell, will be running the new social sport volleyball sessions in Leyton Jubilee Park. He told Waltham Forest News: "Fresh air and exercise in a friendly sociable environment – that's what outdoor volleyball at Leyton Jubilee Park offers you this summer.

"Apart from being one of the most widely played sports in the world, it's also a bigger sport in Waltham Forest than most other London boroughs. The nature of the sport and its practitioners can lead to it being a life changing experience. I've seen that to be the case very many times over the last 35 years."

The first volleyball session, which is open to everyone regardless of ability, will take place in the week commencing 29 June – check the website for details.

Support for the Our Parks initiative is part of the Council's commitment to providing residents with more than just the day-to-day services they rely on, so they can get the most out of living, working and enjoying life in Waltham Forest.

Current sessions on offer through the programme include yoga, Zumba, bootcamp, tots tennis – and even skip-fit and hula hooping.

Residents living near Henry Reynolds Gardens can also take advantage of free, weekly box-fit and abs, bums and thighs sessions after the local community ward forum decided to use some of its grant funding to fund sessions in the open space.

The ward forum in Higham Hill opted to use some of its funding to organise bootcamp and box-fit Our Parks sessions while Leytonstone's Church Lane Multi-Use Games Area now boasts abs, bums and thighs and 'basketball fit' sessions.

Over the past 11 weeks alone, 9,695 visits have been made to Our Parks sessions across the borough. So, Waltham Forest is already well on target to smash the number of visits made last year, which totalled 19,758.

Cllr Ahsan Khan, Waltham Forest Council's Cabinet Member for Health and Wellbeing, told Waltham Forest News: "Our Parks has been a runaway success, and we want to help build on its popularity to give even more people the chance to lead healthy and happy lives.

"It's been fantastic to see so many residents taking part, and I hope that the new social sport sessions launching this summer will open the door for others to get active."

More info

To find our more visit **www.ourparks.org.uk/borough/waltham-forest**. Follow us on twitter **@wfcouncil**. Free internet access is available at all Waltham Forest Libraries.

In brief

Why not join the Lloyd Park Green Gym?

Green Gym

Residents looking for sociable ways to stay fit and healthy will be pleased to hear that an environmental group is looking for new volunteers to join its Green Gym scheme in Lloyd Park (Forest Road, E17 5JW). The Conservation Volunteers Green Gym looks to improve your health and the environment at the same time. All you'll need is some spare time and some energy. You'll take on practical jobs in the park that give you a workout and the park a facelift. It's free to take part and all are welcome every Friday between 10.45am and 2pm at Lloyd Park – meet outside the stables.

• **For more information phone Gareth on 020 8533 8022 or email gg-waltham-forest@tcv.org.uk.**

Ramadan health advice

People who are fasting during the holy month of Ramadan are being urged to plan ahead in order to stay healthy. With Ramadan taking place during summer, the daily period of fasting is increased by longer daylight hours. This can increase the risk of dehydration and fatigue during fasting, especially if you suffer from an existing medical condition. Residents with diabetes, high blood pressure and existing health problems should speak to their GP about fasting. People who regularly inject insulin are advised not to fast, as the potential risk to their health is too great. It is important to take precautions against dehydration by protecting yourself against the sun, eating a balanced diet and drinking plenty of water during non-fasting hours. Managing regular medication throughout this period is also vital to maintain your health. Medicines that are suitable to take during the holy month include; injections through the skin, muscles, and joints, ear drops and eye drops, as well as patches where the medicine is absorbed through the skin. Continue to take your medication as prescribed until you see your GP. In some cases, your GP may be able to change your prescription. Diabetics should continue to monitor their blood glucose levels during Ramadan. Testing your blood glucose levels does not break your fast.

• **For more information about health and Ramadan, including healthy meal plans for Suhoor and Iftar, visit www.nhs.uk/Livewell/Healthyramadan.**

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MORE THAN JUST SERVICES

| EVENTS | LEISURE | CULTURE | PARKS |

www.walthamforest.gov.uk/enjoylife

Waltham Forest

Summer Daze for borough's children

- **Hundreds of children's' activities lined up over summer holidays**
- **Council-organised events part of commitment to help local families**

Children can enjoy lots of fun activities thanks to Summer Daze, including a Punch and Judy show at Venue

As young people across Waltham Forest get ready to put their textbooks down and make plans for the summer holidays, Waltham Forest Council has unveiled its annual 'Summer Daze' programme of events.

This year, it boasts more than 100 fun summer activities taking place in the borough – from writing your own short stories to pond dipping, and film screenings to archery.

And to help families plan their summer, and find which activities best suit their needs, the Council has created an interactive online map so they can search activities based on age, interest and area.

"We've tried to pack as many events and activities into the summer period as possible, so local young people have something to look forward to and enjoy whatever their interests," said Council Leader, Chris Robbins.

"Whether your child is into sports, music or art, they can try new things, make new friends, and most of all have lots of fun in a safe and healthy environment through our Summer Daze programme.

"And to top it off, most of the activities are free or at a reduced cost so it won't be too costly for parents at a time of year that can be expensive."

Summer Daze is part of the Council's commitment to help families by providing children and young people opportunities to engage in positive activities, develop their skills or learn new ones, and generally enjoy living life in Waltham Forest.

As part of the programme, the Council is funding a wide variety of activities including week long 'master-classes' for 14 to 16 year-olds, full day multi-sports and performing arts programmes, and half day drop-in play sessions in schools and parks.

Waltham Forest also continues to support its popular Schools Open for Summer initiative – part-funding 20 schools to enable them to provide holiday schemes for their pupils.

Last year, more than 1,000 children aged five to 11 took advantage of free activities at primary schools, while a whopping 12,054 young people got involved with Schools Open for Summer in some way.

As part of the wider Summer Daze programme, several parks across the borough are getting ready to welcome the arrival of the Play Bus, which has a wide range of fun play equipment and activities for children aged eight and under. The bus will be accompanied by Summer Daze play workers who will be organising group games and sports for any child wanting to take part.

Meanwhile, children and young people aged five to 19 years (or five to 25 years old with a disability) can take advantage of part-funded multi-sports or performing arts holiday programmes, run in partnership with the Tottenham Hotspur Foundation.

Grant Cornwell MBE, CEO of Tottenham Hotspur Foundation, said: "Throughout the summer months, young people living in Waltham Forest will have the opportunity to take part in a variety of multi-sports sessions, right on their doorsteps.

"We've been running these activities for a number of years and they've been growing in popularity year-on-year. It's a great way to keep active, meet new people and try your hand at sports you may not have played before.

"Our coaches will work closely with participants offering support and guidance and making sure everyone has a fun and enjoyable experience with sport in a safe environment."

More info

Find out about all of the exciting activities and events taking place as part of Summer Daze in Waltham Forest by visiting **www.walthamforest.gov.uk/summerdaze**. Follow us on twitter **@wfcouncil**.

In brief

Staying Cybersmart

The internet has forever changed the way we access information and communicate with one another. With digital technology continuing to advance at a rapid pace, it is important that parents and carers remain vigilant of children's online activity. To help, the National Crime Agency has developed 'Thinkuknow' – an online portal with useful information for parents and children on how to navigate the online world safely. The website includes interactive videos and games for children of all ages, as well as resources for parents to help keep your family safe online. Talking to your child about their online behaviour, setting boundaries and keeping up-to-date with new technologies are important tools in empowering young people to deal with tricky situations online.

• **For more information, visit www.thinkuknow.co.uk.**

Supported housing

Residents have been given a tour of a new extra care housing development in Chingford ahead of its opening this autumn. Verdon Roe Court, in Flaxen Road, will provide 45 affordable rent homes specially designed for people who can live on their own, but who need some care and support to continue to live independently. With support from the Council and the Greater London Authority, housing association and social regeneration charity East Thames is creating the housing complex, which will offer a wide range of communal facilities and activities, including a restaurant, hairdresser and library. Cabinet Member for Adult Services, Cllr Angie Bean, said: "When residents with care needs move into these homes, they will have all the support they need to live as independently and actively as possible, while still being able to access round-the-clock help."

• **For more information, visit www.walthamforest.gov.uk/housing.**

Cllrs Bean and Limbajee joined a tour of Verdon Roe Court

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Keep up to date with the latest news in Waltham Forest

If you want to be kept informed of the latest council news, events, service changes and consultations, sign up to Waltham Forest Council e-news online at www.walthamforest.gov.uk/enews

Waltham Forest

YES you can

Most food and garden waste can be recycled

Just some of the items you can put in your brown bin

Fruit, vegetables and all food scraps

Tea bags and coffee granules

Garden waste – grass, leaves and flowers

Bread and cakes

Pasta and rice

The less food we waste, the better. But there are always going to be food items that we'll never eat, like egg shells, fruit and vegetable peelings, banana skins and tea bags. Use your kitchen caddy to collect these, then empty this into your larger brown bin.

"Don't forget to add 'compostable' caddy liners to your shopping list"

recycle for Waltham Forest

To order your kitchen caddy,
or for more information on recycling
phone **020 8496 3000** or
visit **www.walthamforest.gov.uk/recycling**

Waltham Forest

Planning

London Borough of Waltham Forest
Notice of Application for Planning Permission
Town and Country Planning (General Development Procedure) (England) Order 2010
Notice under Article 13

Notice is Hereby Given that the following application for planning permission has been made to the Council for which additional publicity is required.

APP. NO 151558/FUL
APPLICANT Mr Ranjeet Singh
ADDRESS Rileys Pool And Snooker Club, 1 Hoe Street, Walthamstow, Waltham Forest, E17 4SD
PROPOSAL A mixed use redevelopment. Demolition of existing snooker hall building. Construction of 6 storey building to provide 22 self contained flats (10 x 1 bed,9 x 2 bed, 3 x 3 bed). Provision of 275 sq.m of retail space, cycle store and refuse collection area.

The application is available to view on the following website:
http://planning.walthamforest.gov.uk
The application can also be viewed at,, Sycamore House offices, Town Hall Complex, Forest Road, Walthamstow, E17 4JF, between 9am and 4.00pm, Monday to Friday, where a duty planning officer will be available to assist you. Any views you would like to make for the above proposal, must be submitted in writing to the Council within 21 days of the date of this letter. Due to the number of correspondence (letters, emails etc) received by the Council relating to planning applications, it will not be possible to acknowledge or respond to your correspondences should you submit any. However, all views/comments received are fully considered during the assessment of the planning application. Please note that the planning file, including correspondence received for the application, **are open** to the public.

Dated this day 22nd June 2015
David Scourfield
Head of Development Management and Building Control
London Borough of Waltham Forest

Highways

LONDON BOROUGH OF WALTHAM FOREST
ROAD TRAFFIC REGULATION ACT 1984 – SECTIONS 9 and 10
HIGHWAYS ACT 1980 – SECTION 90C
MINI HOLLAND
WALTHAMSTOW VILLAGE E17 (PHASE II) EXPERIMENTAL INTRODUCTION OF VARIOUS TRAFFIC AND PARKING MEASURES – VARIOUS STREETS PEDESTRIAN ZONE, RESTRICTED ZONE, JUNCTION ENTRY TREATMENT AND SPEED TABLE, ROAD CLOSURE (EXCEPT CYCLES), WAITING AND LOADING RESTRICTIONS, ONE-WAY OPERATION, CONTRAFLOW CYCLES, PROVISION OF LOADING PLACE, AMENDMENTS TO DISABLED, PERMIT AND PAY BY PHONE PARKING PLACES AND NO STOPPING RESTRICTION
ADDISON ROAD E17, BARCLAY ROAD E17, CLARENDON ROAD E17, EDEN ROAD E17, FRASER ROAD E17, GRANVILLE ROAD E17, GROVE ROAD E17, LIVINGSTONE ROAD E17, MAYNARD ROAD E17, MERTON ROAD E17, ORFORD ROAD E17, PEMBROKE ROAD E17, PENDLESTONE ROAD E17, SECOND AVENUE E17, SHERNHALL STREET E17 AND THIRD AVENUE E17

The Waltham Forest (Prescribed Routes) (Walthamstow Village No. 2) Experimental Traffic Order 2015
The Waltham Forest (Prescribed Routes) (Walthamstow Village No. 3) Experimental Traffic Order 2015
The Waltham Forest (Waiting and Loading Restrictions) (Amendment No. 77) Experimental Traffic Order 2015
The Waltham Forest (Shernhall/Bakers Arms CPZ) (Parking Places) (Amendment No. 6) Experimental Order 2015
The Waltham Forest (Walthamstow Market East CPZ) (Parking Places) (Revocation No. 2) Experimental Traffic Order 2015
The Waltham Forest (Walthamstow Market East CPZ) (Parking Places) (Amendment No. 6 2014) (Modification No. 4) (Revocation) Experimental Order 2015
The Waltham Forest (Free Parking Places) (Short Stay) (Amendment No. 26) Experimental Order 2015
The Waltham Forest (Free Parking Places) (Disabled Persons) (Amendment No. 9) Experimental Order 2015
The Waltham Forest (Bakers Arms CPZ) (Parking Places) (Amendment No. 2) Experimental Traffic Order 2015
The Waltham Forest (Cashless Parking Places) (Amendment No. 16) Experimental Order 2015
The Waltham Forest (Prescribed Routes) (Orford Road Pedestrian Zone) Experimental Traffic Order 2015
The Waltham Forest (Prohibition of Stopping Outside Schools) (Amendment No. 5) Experimental Traffic Order 2015
The Waltham Forest (Loading Places) (Amendment No. 13) Experimental Order 2015 – (T11)(15)

1. **NOTICE IS HEREBY GIVEN** that the Council of the London Borough of Waltham Forest on **19th June 2015** made the above-mentioned Orders under sections 9 and 10 of the Road Traffic Regulation Act 1984, as amended. The Orders will come into force from **30th June 2015** and may continue in force for up to 18 months.

2. The general effect of the experimental Orders will be to:-

(a) In **Addison Road E17**:
(i) introduce a Restricted Parking Zone between its junction with Shernhall Street and the easternmost arm of Ravenswood Road;
NOTE: Waiting and Loading is restricted "at all times" within the zone and designated by "no waiting and loading" entry and exit signs and "no waiting and loading" repeater signs on the highway. Loading is permitted in marked bays only.
(ii) remove an **SB** permit parking place and a section of single yellow line waiting restriction adjacent the southern flank wall of No. 104 Shernhall Street; and
(iii) relocate existing No Stopping Outside School markings opposite No. 41 Addison Road and opposite Ravenswood Road (easternmost arm) westward for a distance of 6.5 metres;

(b) In **Barclay Road E17**:
(i) (a) (east to west arm) extend the existing double yellow line "at any time" waiting restrictions outside Nos. 18 and 77 Barclay Road eastward, both to a point outside and opposite the common boundary of Nos. 26 and 28; (b) outside No. 75 Barclay Road westward to a point 1 metre west of the common boundary of Nos. 73 and 75; and (c) (north to south arm) outside the southernmost wall of No. 77 Barclay Road northwards to its junction with Maynard Road;
(ii) (east to west arm) reduce **SB** permit parking space outside No. 75 Barclay Road by 3.5 metres and replace with double yellow line "at any time" waiting restrictions; and
(iii) (north to south arm) remove all single yellow line waiting restrictions on the east side.

(c) In **Eden Road E17**:
(i) remove an ME permit parking place opposite No. 2A Eden Road (to allow for development of Eden Road village square pedestrianised area at its junction with Orford Road);
(ii) introduce a road closure (except for cycles) into Eden Road E17, from its junction with Orford Road to a point adjacent the northernmost boundary of No. 1 Eden Road.

(d) In **Fraser Road E17**:
(i) convert a free short stay parking place outside No. 661 Lea Bridge Road and single yellow line waiting restrictions outside and opposite No. 1a Fraser Road to double yellow line "at any time" waiting restrictions (waiting restrictions at its junction with Hoe Street will be converted to shared highway and footway space for moving vehicles and pedestrians (hereinafter termed as a "blended crossing");
(ii) convert 1.1 metres of disabled permit parking opposite No. 661 Lea Bridge Road to double yellow line "at any time" waiting restrictions;
(iii) introduce one way traffic operation, southbound, into a section of Fraser Road, between its junction with Lea Bridge Road and a point 5.3 metres south of the southernmost wall of No. 1 Fraser Road; and
(iv) prevent any vehicle entering Fraser Road at its junction with Lea Bridge Road where entry to that road is prohibited by a no-entry sign plate.

(e) In **Grove Road E17**:
(i) relocate eastward by 2.2 metres and extend by 0.5 metres existing pay by phone parking place outside No. 75 Grove Road (this will remove a single yellow line waiting restriction outside No. 79 Grove Road); and
(ii) convert a pay by phone parking place outside No. 83 to a 9.8 metre loading place operating between the hours of 8 a.m. to 6.30 p.m. Mondays to Saturdays with a maximum stay of 30 mins and no return within 2 hours; and
(iii) extend the double yellow line "at any time" waiting restriction outside No. 85 Grove Road by 3.5 metres and outside No. 71 and 73 by 2.2 metres.

(f) In **Maynard Road E17**:
extend existing double yellow line "at any time" waiting restrictions from (a) outside No. 49 Maynard Road westwards for a distance of 1 metre, (b) from outside the common boundary of Nos. 62 and 64 Maynard Road westwards for a distance of 1 metre and (c) from outside No. 66 Maynard Road eastwards for a distance of 2.5 metres;

(g) In **Merton Road E17**:
(i) convert a **SB** permit parking place outside Nos. 34 and 36 Merton Road and a single yellow line waiting restriction outside the garages to Nos. 32 and 34 Merton Road to a double yellow line "at any time" waiting restriction (waiting restrictions at its junction with Lea Bridge Road will be converted into a "blended crossing");
(ii) convert 9.8 metres of free short stay parking space opposite Nos. 34 and 36 Merton Road to double yellow line "at any time" waiting restrictions (except for the blended pedestrian crossing at its junction with Lea Bridge Road);
(iii) introduce one-way traffic operation, southbound, into a section of Merton Road, between its junction with Lea Bridge Road and a point 1 metre north of the northernmost wall of No. 34 Merton Road, with an exemption for pedal cycles; and
(iv) prevent any vehicle (except pedal cycles) entering Merton Road at its junction with Lea Bridge road where entry to that road is prohibited by a no-entry sign plate;

(h) In **Orford Road E17**,
(i) create a Pedestrian Zone prohibiting vehicular traffic between its junctions with East Avenue E17 and a point outside the western boundary wall of No. 41 Orford Road (this section of highway hereinafter called "the prohibited area") between the hours of 10 a.m. and 10 p.m. throughout the week except for local buses and cycles.
(ii) introduce a Restricted Zone within the prohibited area "at any time" except in signed bays;
NOTE: Waiting and Loading is restricted "at all times" within the prohibited area and designated by "no waiting and loading" entry and exit signs, and "no waiting and loading" repeater signs on the highway. Loading is permitted in bays marked "loading only" when the Pedestrian Zone is not in operation.
(iii) remove all **ME** permit and shared-use (pay by phone) parking places within the prohibited area;
(iv) create a loading place operating between the hours of 10 p.m. and 10 a.m. (the next day) throughout the week inclusive from the common boundary of Nos. 47 and 49 Orford Road north-eastward for a distance of 11.9 metres;
(v) create a blue badge disabled parking place for a distance of 6.6 metres outside No. 51 Orford Road operating between the hours of 10 p.m. to 10 a.m. (the next day) throughout the week inclusive;
(vi) introduce one-way traffic operation, eastbound, in a section of Orford Road, between its junction East Avenue E17 and the western flank wall of No. 41 Orford Road, with an exemption for pedal cycles; and
(vii) prevent any vehicle (except pedal cycles) entering Orford Road at a point outside the western flank wall of No. 41 Orford Road where entry to that road is prohibited by a no-entry sign plate;

(i) In **Pembroke Road E17**, reduce **BA** permit parking space adjacent No. 74 Grove Road southwards by 3.6 metres and extend double yellow lines "at any time" waiting restrictions by the same distance;

(j) In **Pendlestone Road E17**: convert 2.4 metres of free short stay parking space to double yellow line "at any time" waiting and loading restrictions outside No. 309 Hoe Street (waiting restrictions at its junction with Hoe Street will be converted into a blended crossing);

(k) In **Second Avenue E17**:
(i) remove double yellow lines "at any time" waiting restrictions by 3 metres and extend a free short stay parking place westwards by 3 metres outside No. 241 Hoe Street (waiting restrictions at its junction with Hoe Street will be converted into a blended crossing)
(ii) introduce one-way traffic operation, westbound, into Second Avenue E17, between its junction with First Avenue and Hoe Street, with an exemption for pedal cycles; and
(iii) prevent any vehicle (except pedal cycles) entering Second Avenue E17 at its junction with Hoe Street where entry to that road is prohibited by a no-entry sign plate;

(l) In **Third Avenue E17**:
(i) convert 4.6 metres of double yellow line "at any time" waiting restrictions to free short stay parking space outside No. 261 Hoe Street (waiting restrictions at its junction with Hoe Street will be converted into a blended crossing);
(ii) introduce one-way traffic operation, eastbound, into Third Avenue E17, between its junction with Hoe Street and Orford Road, with an exemption for pedal cycles; and
(iii) prevent any vehicle (except pedal cycles) entering Third Avenue E17 at its junction with Orford Road where entry to that road is prohibited by a no-entry sign plate.

3. **FURTHER NOTICE IS GIVEN** that the Council, in accordance with Sections 90A and 90C of the Highways Act 1980 and the Highways (Road Humps) Regulations 1999, proposes to introduce:

(a) Entry/exit treatments in:
i. **Livingstone Road E17** at its junction with Hoe Street (having maximum length of 7 metres);
ii. **Pembroke Road E17** at its southern and northern junctions with Grove Road (having maximum length of 8 metres on at both junctions); and
iii. **Second Avenue E17** at its junction with Hoe Street (having maximum length of 10 metres); and

(b) a junction speed table in **Grove Road E17** from its junction with West Street westward to apoint 8 metres west of the western kerb-line of Pembroke Road.
The entry treatments and speed table would be elevated section of carriageway, between 75 and 100 millimetres higher at their highest point than the surrounding carriageway, extending across the full width of the carriageway.

4. Documents giving more detailed particulars of the Orders are available for inspection between 9.30 am and 4.30 pm on Mondays to Fridays inclusive (except Bank Holidays), from the date on which this notice is published until the Orders cease to have effect, at (a) The Information Desk, Town Hall, Forest Road, Walthamstow, E17 4JF and (b) Low Hall Depot, Argall Avenue, London, E10 7AS.

5. Where it appears necessary for certain purposes, an officer authorised by the

London Borough of Waltham Forest, may, in pursuance of section 10(2) of the Road Traffic Regulation Act 1984, modify or suspend any provision of the experimental Traffic Orders while they are in force.
6. The Council will be considering in due course whether the provisions of the experimental Orders should be continued in force indefinitely by means of permanent Orders made under sections 6, 45 and 124 of and Part IV of Schedule 9 to the Road Traffic Regulation Act 1984. Any person may object to the making of the permanent Orders for the purpose of such indefinite continuation within a period of six months beginning with the day on which the experimental Orders come into force or, if the Orders are varied by other Orders or modified pursuant to section 10(2) of the 1984 Act, beginning with the day on which the variation or modification or the latest variation or modification came into force. Any such objection must be made in writing and must state the grounds on which it is made and be sent to Traffic Orders, Highways and Infrastructure, Low Hall, Argall Avenue, London, E10 7AS, quoting reference Traffic Orders **T11(15) Walthamstow Village Phase II**. Any objection may be communicated to, or be seen by, other persons who may be affected.
7. If any person wishes to question the validity of any of the Orders or of any of its provisions on the grounds that it is not within the powers conferred by the Road Traffic Regulation Act 1984, or that any requirement of that Act or any instrument made under that Act has not been complied with, that person may, within 6 weeks from the date on which the Orders are made, apply for the purpose to the High Court.
For more information please telephone 020 8496 3000 quoting reference Traffic Orders – **T11(15) Walthamstow Village Phase II**
Dated 22nd June 2015
Mr. K. Valavan
Head of Highways and Infrastructure, Neighbourhoods and Commissioning, Low Hall, Argall Avenue, London, E10 7AS

LONDON BOROUGH OF WALTHAM FOREST
INTRODUCTION OF WILLOW HOUSE CAR PARK AND ASSOCIATED PARKING CHARGES
The Waltham Forest (Off-Street Parking Places) (Amendment No. 6) Order 2015 – (T12a(15))
1. **NOTICE IS HEREBY GIVEN** that the Council of the London Borough of Waltham Forest (hereinafter after called "the Council") on 19th June 2015 made the above-mentioned Order under sections 32, 35 and 124 of and Part IV of Schedule 9 to the Road Traffic Regulation Act 1984, as amended.
2. The general effect of the Order will be to introduce **Willow House Car Park, E17** (entrance off Fulbourne Road, E17) as a Staff Permit, Pay and Display or Pay-by-Phone Off-Street Car Park for authorized vehicles only. The car park will have approximately 67 permit holder/pay and display bays, 6 disabled parking bays, 1 Loading Bay and 1 Motor Cycle bay. Charges (exclusive of any pay by phone service charges), provisions and other regulations are listed in the schedule of this notice. Chargeable hours will be between 8.30 a.m. and 5 p.m. Mondays to Fridays inclusive
NOTE: Purple badge permits or season tickets will not be valid in Willow House Car Park. Disabled Parking Spaces will be operational at all times. Additional information with regard to parking compliance will be displayed on the council's terms and conditions information board within the aforementioned car park.
3. Make minor amendments to the existing Off Street Parking Parent Order so as to:
(a) omit references to discontinued off-street car parks;
(b) omit references to car parks no longer accepting season tickets; and
(c) amend the payment increment structure against the varying lengths of stay for existing car parks so that they accurately reflect the payment increment structure against the varying lengths of stay currently in all off-street car parks;
there will no change to way these car parks currently operate off-street.
4. Copies of the Order, which will come into operation on **22nd June 2015** and other relevant documents can be inspected during normal office hours on Mondays to Fridays inclusive until the expiration of a period of 6 weeks from that date, at: (a) The Information Desk, Town Hall, Forest Road, Walthamstow, E17; and (b) Low Hall, Argall Avenue, London, E10 7AS.
5. Any person desiring to question the validity of any of the Orders or of any provision contained therein on the grounds that it is not within the relevant powers of the Road Traffic Regulation Act 1984, or that any of the relevant requirements thereof or of any relevant regulations made thereunder has not been complied with in relation to the Orders may, within six weeks of the making of the Orders, make application for the purpose to the High Court.
Dated: 22nd June 2015
Mr. K. Valavan, Head of Highways and Infrastructure, Neighbourhoods and Commissioning, Low Hall, Argall Avenue, London, E10 7AS
SEE TABLE BELOW.

LONDON BOROUGH OF WALTHAM FOREST
REVOCATION OF VARIOUS EXPERIMENTAL MEASURES
RE-INTRODUCTION OF ROAD CLOSURES (EXCEPT CYCLES), PROVISON AND AMENDMENT OF WAITING AND LOADING RESTRICTIONS, AMENDMENT AND PROVISION OF PARKING PLACES – EAST AVENUE, WEST AVENUE E17, ST MARY ROAD E17
The Waltham Forest (Prescribed Routes) (2015 No. 14) (Revocation) Experimental Traffic Order 2015
The Waltham Forest (Waiting and Loading Restriction) (Amendment No. 70) (Revocation) Experimental Traffic Order 2015
The Waltham Forest (Walthamstow Market East CPZ) (Parking Places) (Amendment No. 6 -2014) (Modification No. 2) (Revocation) Experimental Traffic Order 2015
The Waltham Forest (Free Parking Places) (Short Stay) (Revocation No. 4) Experimental Traffic Order 2015
The Waltham Forest (Prescribed Routes) (Walthamstow Village Area No. 1) Experimental Traffic Order 2015
The Waltham Forest (Waiting and Loading Restrictions) (Amendment No. 76) Experimental Traffic Order 2015
The Waltham Forest (Walthamstow Market East CPZ) (Parking Places) (Amendment No. 6 -2014) (Modification No. 3) Experimental Traffic Order 2015
The Waltham Forest (Free Parking Places) (Short Stay) (Amendment No. 25) Experimental Traffic Order 2015
T14(15)
1. **NOTICE IS HEREBY GIVEN** that the Council of the London Borough of Waltham Forest on **19th June 2015** made the above-mentioned Orders under sections 9, 10 and 124 of and Part IV of Schedule 9 to the Road Traffic Regulation Act 1984, as amended. The Orders will come into force from **30th June 2015** and may continue in force for up to 18 months.
2. The general effect of the experimental Orders will be to:-
(a) revoke indefinitely all experimental Traffic Orders effective on 20th April 2015 in **East Avenue E17** and **West Avenue E17** which imposed the following provisions, amendments and restrictions:
(i) road closures;
(ii) waiting restrictions; and
(iii) amendments to permit and free parking places; and
(b) reintroduce a road closure (except for cycles) into **East Avenue E17**, from the southernmost boundary of No. 3 St Mary Road southwards for a distance of 29.7 metres;
(c) relocate an ME permit parking place in **West Avenue E17** from the footway outside the north eastern boundary of No. 21 St Mary Road to the opposite side of the road outside the south western boundary of No. 19 St Mary Road (this will displace 18.6 metres of double yellow line on the north-east side of West Avenue outside No. 19 St Mary Road);
(d) reintroduce a road closure (except for cycles) into **West Avenue E17**, from a point 36.6 metres south of southern kerb-line of St Mary Road southwards for a distance of 34.2 metres (measured along the north-east side of West Avenue from its junction with St Mary Road;
(e) convert single yellow line waiting restrictions to double yellow lines "at any time" waiting restrictions into sections of East Avenue E17 and West Avenue E17 located around the road closures and opposite No. 12 East Avenue E17;
(f) reduce permit parking place in East Avenue E17 outside No. 27 **East Avenue**;
(g) in **East Avenue E17**:
(i) convert free short stay parking space to echelon free short stay parking spaces outside No. 12 **East Avenue E17** (existing operational times, length of stay and no return periods remain unchanged);
(ii) remove existing free short stay parking space within the section of road closure defined in paragraph 2(b) above; and to compensate for loss of short stay parking
(h) in **St Mary Road E17** create 39 metres of free short stay parking space opposite Nos. 4 to 22 (operational times, length of stay and no return periods will be the same as those referred to in paragraph (g)(i) above) .
3. Documents giving more detailed particulars of the Orders are available for inspection between 9.30 am and 4.30 pm on Mondays to Fridays inclusive (except Bank Holidays), from the date on which this notice is published until the Orders cease to have effect, at (a) The Information Desk, Town Hall, Forest Road, Walthamstow, E17 4JF and (b) Low Hall Depot, Argall Avenue, London, E10 7AS.
4. Where it appears necessary for certain purposes, an officer authorised by the London Borough of Waltham Forest, may, in pursuance of section 10(2) of the Road Traffic Regulation Act 1984, modify or suspend any provision of the experimental Traffic Orders while they are in force.
5. The Council will be considering in due course whether the provisions of the experimental Orders should be continued in force indefinitely by means of permanent Orders made under sections 6, 45 and 124 of and Part IV of Schedule 9 to the Road Traffic Regulation Act 1984. Any person may object to the making of the permanent Orders for the purpose of such indefinite continuation within a period of six months beginning with the day on which the experimental Orders come into force or, if the Orders are varied by other Orders or modified pursuant to section 10(2) of the 1984 Act, beginning with the day on which the variation or modification or the latest variation or modification came into force. Any such objection must be made in writing and must state the grounds on which it is made and be sent to Traffic Orders, Highways and Infrastructure, Low Hall, Argall Avenue, London, E10 7AS, quoting reference Traffic Orders **T14(15) – MH WV Phase 1**. Any objection may be communicated to, or be seen by, other persons who may be affected.
6. If any person wishes to question the validity of any of the Orders or of any of its provisions on the grounds that it is not within the powers conferred by the Road Traffic Regulation Act 1984, or that any requirement of that Act or any instrument made under that Act has not been complied with, that person may, within 6 weeks from the date on which the Orders are made, apply for the purpose to the High Court.
For more information please telephone 020 8496 3000 quoting reference Traffic Orders – **T14(15) – MH WV Phase 1**
Dated 22nd June 2015
Mr. K. Valavan
Head of Highways and Infrastructure, Neighbourhoods and Commissioning, Low Hall, Argall Avenue, London, E10 7AS

LONDON BOROUGH OF WALTHAM FOREST
ROAD TRAFFIC REGULATION ACT 1984 – SECTION 6
HIGHWAYS ACT 1980 – SECTIONS 90A and 90C
GUNNERS GROVE NEIGHBOURHOOD SAFETY SCHEME,
ENDLEBURY ROAD TRAFFIC CALMING
PROPOSED ROAD CLOSURE AND INTRODUCTION OF ADDITIONAL "AT ANY TIME" WAITING RESTRICTIONS, ROAD HUMPS AND SPEED TABLES
The Waltham Forest (Prescribed Route) (No. *) Traffic Order 201*
The Waltham Forest (Waiting and Loading Restriction) (Amendment No. *) Order 201* – T15(15)
1. **NOTICE IS HEREBY GIVEN** that the Council of the London Borough of Waltham Forest (the Council) proposes to make the above-mentioned Orders under sections 6 and 124 of and Part IV of Schedule 9 to the Road Traffic Regulation Act 1984.
2. The general effect of the Orders would be to:
(a) close to vehicular traffic, the carriageway on the south-east side of the

SCHEDULE – WILLOW HOUSE CAR PARK PARKING CHARGES

Name of Parking Places 1	Position in which vehicle may wait 2	Class of vehicle 3	Days of operation of parking place 4	Hours of operation of parking place 5	Maximum period for which vehicles may wait 6	Schedule of charges 7
Willow House, Car Park, E17	Wholly within a parking bay	Motor Car, motor cycle, light goods vehicle, invalid carriage and disabled person's vehicle	All Days	All Hours	24 Hours	Up to 1 hour £1.30 Up to 2 hours, £2.60 Up to 3 hours, £3.80 Up to 4 hours, £5.10 Over 4 hours £6.50

triangular island site situated at the junction of **Endlebury Road** and **The Ridgeway**;
(b) introduce "at any time" waiting restrictions (double yellow lines) in –
(i) **Endlebury Road**, approximately 22 metres either side of the new raised speed table mentioned in paragraph 3(c) below (both sides between Nos. 107/109 The Ridgeway and Nos.135a Endlebury Road);
(ii) **Endlebury Road**, from the common boundary of Nos. 98 and 100 eastward for 20 metres, both sides and **Heathcote Grove**, from the existing "at any time" restrictions southward for 15 metres (at the junction with Endlebury Road).
3. **FURTHER NOTICE IS GIVEN** that the Council, in accordance with sections 90A and 90C of the Highways Act 1980 and the Highways (Road Humps) Regulations 1999, proposes to introduce –
(a) round-top sinusoidal road humps known as "speed humps" outside Nos. 24, 34 and 60 **Endlebury Road**;
(b) a raised speed table under the existing "zebra" crossing in **Endlebury Road** adjacent to Organ Lane;
(c) a raised speed table in **Endlebury Road** just west of No. 137; and
(d) a raised speed table at the T- junction of **Endlebury Road** and **Heathcote Grove**.
NOTES: (a) the round-top road humps would be elevated sections of carriageway, between 75 and 100 millimetres higher at their highest point than the surrounding carriageway, extending across the full width of the carriageway and measuring approximately 3.7 metres in length, including the gradients; (b) the raised speed tables, under the existing "zebra" crossing, in the vicinity of No. 137 Endlebury Road and at the Endlebury Road/ Heathcote Grove T – junction would extend across the full width of the carriageway with sinusoidal ramps at either end of the tables.
4. As part of the safety scheme, the above-mentioned proposals would be complemented by – (a) carriageway/ footway re-alignment at the junction of Endlebury Road and The Ridgeway; and (b) the installation of central pedestrian refuges and a bus cage in The Rideway.
5. Plans of the proposed measures can be inspected during normal office hours on Mondays to Fridays inclusive until a period of 21 days from the date on which this Notice is published, at (a) The Information Desk, Town Hall, Forest Road, Walthamstow, E17; and (b) The Reception Desk, The London Borough of Waltham Forest, Low Hall, Argall Avenue, London, E10 7AS.
6. Any person desiring to object to the proposals or to make any other representation should send a statement in writing of either their objection and the grounds thereof or of their representation to Traffic Orders, Engineering Design, Low Hall, Argall Avenue, London, E10 7AS quoting reference **T15(15)** by the end of a period of 21 days from the date on which this Notice is published. All objections must specify the grounds on which they are made.
For more information please telephone 020 8496 3000 quoting reference Traffic Orders – **T15(15)**.
Dated 22nd June 2015
Mr. K. Valavan, Head of Highways and Infrastructure, Neighbourhoods and Commissioning, Low Hall, Argall Avenue, London, E10 7AS

LONDON BOROUGH OF WALTHAM FOREST
ROAD TRAFFIC REGULATION ACT 1984 – SECTION 14(1)
THE WALTHAM FOREST (ORFORD ROAD E17) (TEMPORARY ONE-WAY WORKING) (NO. 1) ORDER 2015
1. The Council of the London Borough of Waltham Forest HEREBY GIVES NOTICE that on **19th June 2015** it made an Order so that streetscape works can to be carried out in a safe and efficient manner in a section of Orford Road E17, the general effect of which would be, only at such times and to such extent as regulatory signs are displayed, make provision of one-way working and prohibit vehicles turning left from Eden Road E17 into Orford Road E17(TT45(15)).
2. Whilst the works are being carried out, no person shall:
(a) cause or permit any vehicle to proceed in any direction other than from west to east at any time in **Orford Road E17** between the eastern kerb-line of East Avenue E17/ Wingfield Road E17 and a point adjacent the eastern kerb-line of Eden Road E17 (vehicles are prohibited from entering this section of Orford Road at its junction with Eden Road where entry to that section of Orford Road is prohibited by a no-entry sign plate); or
(b) cause any vehicle proceeding in **Eden Road E17** in the London Borough of Waltham Forest to turn left into Orford Road at any time.
3. The Order follows a Notice made under section 14(2) of the Road Traffic Act 1984 effective from 2nd June 15 for 21- days that provided one-way operation at the location mentioned in paragraph 2(a) above. That Notice acted as an intention for this Order to continue for a further extended period of 3 months, or until the works are completed, whichever is the sooner (paragraph 2(b) further advises that there is no access for vehicles to that section of Orford mentioned in paragraph 2(a) from Eden Road). This Order will come into operation on **22nd June 2015**.
Dated 22nd June 2015
Mr K Valavan, Head of Highways and Infrastructure Neighbourhoods and Commissioning, Low Hall, Argall Avenue, London, E10 7AS

LONDON BOROUGH OF WALTHAM FOREST
ROAD TRAFFIC REGULATION ACT 1984 – SECTION 14(1)
THE WALTHAM FOREST (VARIOUS MEASURES E4) (TEMPORARY PROHIBITION OF TRAFFIC AND RESTRICTION ON WAITING AND LOADING) (NO. 1) ORDER 2015 – TT43(15)
1. The Council of the London Borough of Waltham Forest HEREBY GIVES NOTICE that it intends to make an Order to enable highway construction and lining works to be carried out in a safe and efficient manner in **various roads in the E4 region**, the general effect of which would be, only at such times and to such extent as regulatory signs are displayed, to prohibit vehicles (except works vehicles) and restrict waiting and loading by vehicles (except works vehicles) in certain roads.
2. Whilst the works are being carried out in the Endlebury Road region and around its junction with The Ridgeway, no person shall cause or permit any vehicle to enter proceed, wait or load for any purpose at any time in:
(a) **Endlebury Road E4** – between its junction with Larkshall Road and The Ridgeway; and
(b) **Heathcote Grove E4** – between its junction with Endlebury Road and point 20 metres south of that said junction.
3. Whilst the works are being carried out in Old Church Road and Aldriche Way, no person shall cause or permit any vehicle to wait or load for any purpose at any time in:
(a) **Old Church Road E4** – between its junction with Mansfield Hill and Lambourne Gardens;
(b) **Aldriche Way E4** – the northernmost arm that leads to Pigeon court.
4. Whilst the prohibitions referred to in paragraph 2 above remain in force, alternative routes for traffic would be via Gunners Grove, Colvin Gardens, Chingford Avenue, Dale View Avenue, Warren Road and or directed by traffic signs.
5. Vehicles waiting or loading in disregard of this Order would be removed.
6. The restrictions mentioned above would not apply in relation to any vehicle being used:
(a) in connection with the said works; or
(b) for ambulance, fire brigade or police purposes in an emergency.
7. The Order would come into operation:
(a) on **6th July 2015** for a period of 3 months for the works mentioned in paragraph 2 and paragraph 3(b) above, or until the works are completed, whichever is the sooner; and
(b) on **3rd August 2015** for a period of 6 months for the works mentioned in paragraph 3(a) above, or until the works are completed, whichever is the sooner.
NOTE: These works would not be carried out simultaneously in all sections of all the roads mentioned above but in a sequence as directed by the Council. Leaflets would be distributed and signage placed in advance of any works in which would give more specific details on the exact dates of the prohibitions, effects of any temporary traffic management and diversion routes as necessary.
Dated 22nd June 2015
Mr K Valavan, Head of Highways and Infrastructure, Neighbourhoods and Commissioning, Low Hall, Argall Avenue, London, E10 7AS

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SUMMER CYCLING SCHOOL

The Summer Cycling School is perfect for families looking for a fun day out, children (age seven and over) and adults who would like to gain more confidence when cycling on the road.

Training sessions will take place over five weeks at locations across the borough, and can be done in groups or individually. Everyone who takes part in the training will receive a cycling goodie bag and certificate.

Drapers Field –	24 to 26 July
Ridgeway Park –	11 to 12 July 27 to 30 July
Lloyd Park –	6 to 9 August
Church Lane –	10 to 13 August

A mixture of bikes are available for use to suit cycling levels and abilities. Please confirm if you need a bike when booking.

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